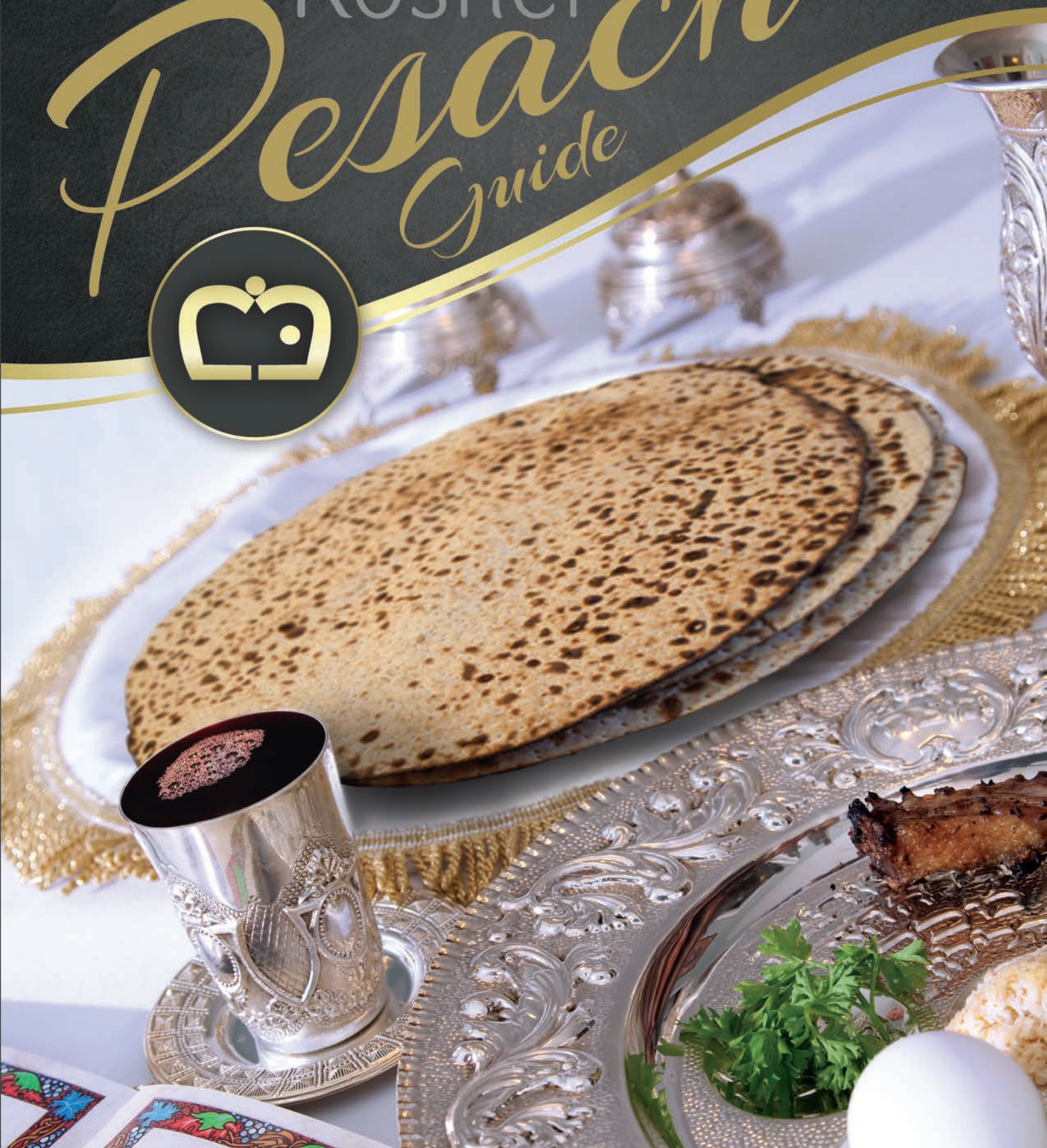


Cleveland  
Kosher

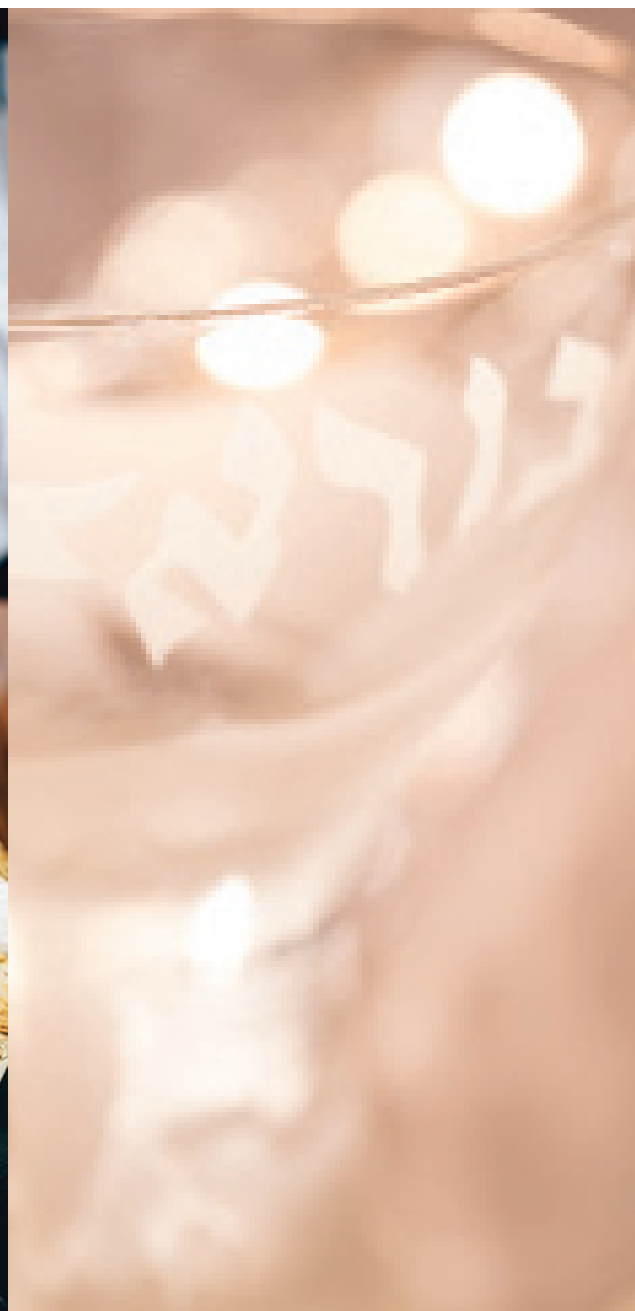
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# Pesach Guide





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### Important Pesach Dates and Times

TUESDAY EVENING, APRIL 7	Bedikas Chometz	
WEDNESDAY, APRIL 8 EREV PESACH/ FIRST NIGHT OF PESACH ERUV TAVSHILIN	Latest time to eat chometz Latest time to burn chometz Candle Lighting Chatzos	10:53 AM 12:10 PM 7:41 PM 1:27 AM
THURSDAY, APRIL 9 FIRST DAY OF PESACH/ SECOND NIGHT OF PESACH	Shkia Candle Lighting After Chatzos	8:00 PM 8:51 PM 1:27 AM
FRIDAY, APRIL 10 SECOND DAY OF PESACH	Candle Lighting Shkia	7:43 PM 8:01 PM
SHABBOS, APRIL 11	Shkia Shabbos Ends	8:03 PM 8:54 PM
TUESDAY, APRIL 14 EREV YOM TOV	Candle Lighting Shkia	7:48 PM 8:06 PM
WEDNESDAY, APRIL 15 7th DAY OF PESACH/ 8th NIGHT OF PESACH	Shkia Candle Lighting After	8:07 PM 8:57 PM
THURSDAY, APRIL 16 8th DAY OF PESACH	Shkia Yom Tov Ends	8:08 PM 8:59 PM

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## ABOUT US

Cleveland Kosher is a premier non-profit kosher certifying agency based in the Great Lakes region. We are a member of the Association of Kashrus Organizations. Founded in 1998, our staff brings together over 50 years of working experience and knowledge to serve the needs of the food processing industry.

### Our mission at Cleveland Kosher is two fold:

- We provide kosher supervision services to food processing companies and local establishments. The placement of the Cleveland Kosher symbol on a product insures the consumer that it was produced under the highest standards of kosher certification. Our services include:
  1. *Initial inspection of the plant facility*
  2. *Recommendations to bring the facility into compliance with kosher code*
  3. *Certification and ongoing monitoring of the facility*
- Additionally, Cleveland Kosher provides the consumer with a link to the world of kosher. This is accomplished through:
  1. *Educational lecture series*
  2. *Publishing a news bulletin with the latest information*
  3. *Supporting a hotline and website for consumer inquiries*
  4. *Monitoring developments in the food processing industry*



**Cleveland Kosher  
Kashrus Hotline  
440.347.0264**



**Questions?**  
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## Year Round Information

Which one of us is responsible? With our hectic schedules, we sometimes overlook some of the basics. Below, are listed some of the basics that every kosher consumer in the community needs to know. Please take a few moments to read them carefully.

- First and foremost, we do not certify packaged goods in any establishment unless otherwise noted. It is the consumers' responsibility to verify that the product meets their individual standards.
- In a meat establishment, assume everything prepared in the kitchen is meat, necessitating the required waiting period after meat. Likewise in a dairy establishment, assume everything is dairy. Some of the seemingly parve dishes are not parve at all i.e. those falafel balls were fried in a deep fryer used for chicken (falafel balls are meaty). The eggs for that tuna salad were cooked in a meat pot (salad cannot be eaten together with dairy). The pastries were baked in a meat oven and should not be eaten together with dairy.
- The following foods generally require a tamperproof seal: 1) fish 2) poultry 3) meat 4) wine 5) cheese 6) baked goods. When ordering product to be delivered, request that the item be properly sealed<sup>1</sup>. A meat platter delivered for an office party should remain sealed until you take delivery of it. When purchasing meat or poultry at a chain supermarket, check carefully that the original seal is intact. If not, do not buy.
- All dairy products served in our eateries are cholov yisroel.
- Pas Yisroel - Our establishments serve both pas yisroel & pas palter baked goods. Inquire within to verify status.
- At a catered event, all the food is provided by the caterer. Please do not bring in any food (bought or private). If the host is providing the liquor, please make sure that it is delivered to the caterer a day or two in advance. This allows time to properly address any outstanding issues.
- Look for the vaad symbol in the store window or at a catered event, the same as you would look for a kashrus symbol on a product that you buy in the supermarket.

1. An exception to this rule would be if the food is delivered by a Shomer Torah U'Mitzvos. However, from a practical point, food that is delivered and left with the receptionist at the front desk would require a seal until it reaches you.



# Greetings from the President

## Mr. Murray Koval



Greetings from the President's chair. It has been a pleasure to serve the Cleveland community over the last year, as our new establishments have become truly established, and more are on the horizon. The Bagel Shoppe, always wanting to "up its game", is now partnering with The Milky Way, well-known in Pittsburgh for its varied and delicious offerings on the dairy side. Construction is under way as I write this, and we look forward to a Grand Opening in the near future.

A tremendous Yasher Koach goes out to our mashgichim – the behind-the-scenes people who do the hard work, making sure that when it says Cleveland Kosher on the certificate, it is absolutely, 100% kosher. Checking ingredients, keeping an eye on kitchen practices, and answering questions in a timely manner – all of these are only the surface of what our team does to make sure that the food on your fork is worthy of bearing our seal. They are the unsung heroes of the kashrus scene, and deserve our heartfelt thanks.

As our community grows, we look forward to growing with it. The future is bright for Cleveland, and for its kashrus standards. And, as always, we are here to answer YOUR questions on our hotline - 440-347-0264.

Wishing you a Chag Kasher v'Sameach!

## Cleveland Kosher Staff

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## Editor's Note

### Rabbi Dov Fishbane



With gratitude to Hakodosh Boruch Hu, Cleveland Kosher is happy to present our annual Pesach guide to the community. We appreciate the positive feedback we receive about our guide and we anticipate that the Cleveland Jewish community, which B"H continues to grow, will benefit this year as well.

This guide contains an extensive list of common food products, covers various medications, and addresses an assortment of personal care products. We hope that it will serve as a helpful tool as you make your preparations for Pesach.

Since there are always changes year-to-year in the kashrus of Pesach products, we recommend that you use this year's updated version only.

All of the Halachos presented in this guide were reviewed by Rabbi Boruch Hirschfeld and Rabbi Naphtali Burnstein. The following sections in this guide were written with specific guidance from Rabbi Hirschfeld: The Kashering Guide, Tevilas Keilim, a chart of the Shiurim for the Seder and Z'manim for eating and burning Chometz.

The highly-respected kashrus agencies COR of Toronto and the Chicago Rabbinical Council (CRC) generously provided information about many products and topics covered in this guide. We are indebted to them for their invaluable assistance in the formation of this comprehensive resource. We thank our kashrus administrator Rabbi Shimon Gutman and the Rabbanim for all their help in the production of this guide.

Thank you to our sponsors, who are listed in this guide. We appreciate the support of our advertisers and hope you patronize their businesses.

Chag kasher v'sameach.



# The Condiment of Sweet Cement & Hope

Rabbi Ephraim Nisenbaum



**T**he Pesach Seder hosts a number of foods eaten to recall different aspects of the Egyptian experience. Most of the foods remind us of either the slavery in Egypt or the luxuriousness of freedom. The bland matzah, aside from recalling the haste of leaving Egypt, is also lechem oni, the bread of affliction. It reminds us of the slavery that sapped the Jews of any pleasure. It must be eaten without any enhancement of taste. Similarly, the bitter marror reminds us of the bitter slavery they had to endure. The savory broiled Pesach lamb and the vegetable dip remind us of the eating habits of royalty. These are both understandable as we are meant to remember both the difficult origins of our nation, as well as Hashem's great kindness in freeing us from bondage.

What is more confusing, however, is the charoses. On the one hand its thick and pasty cement-like consistency reminds us of the back-breaking labor involved in making and laying the bricks and mortar. However, the sweet apple-cinnamon-wine taste hardly seem like a vehicle to arouse a sense of bitter suffering. To the contrary, it is actually a much anticipated appetizer that many look forward to eating! It is especially strange that the bitter marror is dipped into this sweet mixture. Why did the Rabbis find it necessary to add this condiment which has no source in the Torah, to the Seder?

Rashi (Pesachim 116a) suggests that the apples of the charoses allude to a fascinating Midrashic narrative. The Talmud (Sotah 11b) relates that after Pharaoh's decrees of forced labor and killing all the newborn baby boys in Egypt, the men became disillusioned and did not want to bring any more children into the world. The righteous women, however, had stronger faith and they gently encouraged their husbands not to despair. They reminded the men of Hashem's promise that he would yet redeem the Jewish people and take them to their Promised Land. The men were inspired by their wives' words, and with their faith invigorated they agreed to have more children.

The Talmud continues that when the women were ready to give birth, they would go out to the fragrant apple orchards and bear their children away from the eyes of the Egyptian spies. Hashem then sent angels to feed and sustain the children until they grew older. Rashi explains that the apples remind us of the orchards where the pure faith of the women in whose merit the Jewish people were

freed from slavery was manifest.

Rashi's interpretation may provide us with the background with which we can answer our questions. The Torah instructs us to eat foods that remind us both of the period of slavery as well as of the subsequent freedom. The Rabbis, however, felt that it is not sufficient to merely remember the different periods in our history. In the course of history, the Jew has learned to bear conflicting emotions at the same time. While suffering the pain and suffering of exile the Jew must also learn to dream, yearn and hope for redemption.

The Talmud (Shabbos 31a) relates that one of the first questions a person is asked after leaving this world is "tzipisa le'yeshua?" "Did you anticipate the redemption?" It seems that there is something special about yearning for the redemption.

The Rabbis actually considered this yearning to be so important that it is included as one of Maimonides' Thirteen Principles of Faith: I believe with perfect faith in the coming of the Moshiach, and even though he tarries I await his coming every day. Not only is belief in Moshiach mentioned, but the anticipation in his coming is listed as part of the principle as well. Why is the anticipation so significant?

Although Hashem may have found it necessary to keep His children in Exile, He still wants to make sure that they do not despair of Redemption. The yearning for Moshiach strengthens the relationship between the Jewish people and Hashem, allowing them to exude faith even when His Divine Presence is hidden from them.

It is this hope and longing that have helped the Jew maintain his strong faith and survive the pogroms, expulsions, Crusades, Inquisition, Holocaust, and other persecutions that have threatened his very existence throughout the ages. The Jew has been forced to often face a bleak present, while at the same time envisioning a rosier future.

This is the deeper meaning of the sweet charoses. Hope and faith in the midst of adversity. The message of the charoses speaks to the Jew not only at Pesach but throughout the year. Whenever we face hardship we are reminded of how the Jewish women's faith in Egypt paved the way for redemption, and this encourages us not to despair as well. 🕊





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**clevelandkosher.org**



► Pesach Updates & Guide

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Soda  
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# Brochos on Pesach Foods

שליט"א, Harav Boruch Hirschfeld,

## Potato Starch

Many Pesach cakes are made from potato starch. The correct brocho is Shehakol and the after brocho is Borei Nefoshos.

**Mistake** - If one made Ho'adomo or Mezonos he is yotzei bedieved. The after brocho is still Borei Nefoshos.

## Kiddush

If one makes a Kiddush on these cakes they do not count for קידוש במקום סעודה. Wine or grape juice should be provided for people to drink a רביעית for סעודה במקום.

## Macaroons

All the above is true for macaroons made from coconut.

## Matza Meal

If the cake is from Matza flour the brocho is Mezonos and Al Hamichyo, and counts for קידוש במקום סעודה.

## Matza Meal Kneidel

The correct brocho is Mezonos. If eaten with chicken soup, most people mean to eat both [and not either as a secondary food] and should make two brochos.

## Matza Brei

If pieces are Kazayis – Homotzi. If less than Kazayis, if deep fried i.e. submerged in oil- it's Mezonos. If not submerged its a sofek and one should wash on real matza or boil in כלי ראשון the small pieces for one minute and make mezonos. כ"א



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# Product Guide

BRAND	REQUIREMENT
ALCOHOL (Isopropyl)	No Passover Certification Required
ALCOHOL (for drinking)	Requires Passover Certification
ALFALFA	Kitniyos
ALMOND FLOUR	Requires Passover Certification Kirkland Signature Almond Flour - Acceptable for Pesach
ALMOND MILK	See page 15
ALUMINUM PANS & FOIL	No Passover Certification Required
AMARANTH	Amaranth is not kitniyos but requires certification to be sure no other grains are mixed in
AMMONIA	No Passover Certification Required
ANISE	Kitniyos
ANTACID (chewable)	Requires Passover Certification
APPLE JUICE	Requires Passover Certification
APPLE SAUCE	Requires Passover Certification
BABY BOTTLE	Since it comes into contact with chometz (e.g. washed with dishes, boiled in chometz pot) new ones should be purchased.
BABY CARROTS, RAW	Requires Passover Certification
BABY FOOD	Requires Passover Certification - The following Gerber Baby Foods bearing the OU do not contain chometz: Carrots, Squash. The following are kitniyos: green beans, peas.
BABY FORMULA	Baby formulas are produced in chometz-free facilities and are acceptable when bearing the OU. They are kitniyos and should be prepared with designated utensils. The following brands are acceptable: 365 Everyday Value, Babies R Us, Berkley & Jensen, CVS, Earth's Best, Enfamil, Enficare, Giant Eagle Baby, Gerber Good Start, Isomil, Kirkland Signature, Parent's Choice, Rite Aid- Tugaboos, Similac, Target, Up&Up, Walgreens, Well Beginnings
BABY OIL	No Passover Certification Required
BABY OINTMENT	No Passover Certification Required
BABY POWDER	No Passover Certification Required - if only contains talc, talcum powder, corn starch, or other similar ingredients. Some baby powders may contain oat flour.
BABY WIPES	Without ALCOHOL No Passover Certification Required

BAGS (plastic)	No Passover Certification Required
BAKING POWDER	Requires Passover Certification
BAKING SODA (pure bicarbonate)	No Passover Certification Required
BALLOONS	Without powder No Passover Certification Required
BAND-AIDS	No Passover Certification Required
BEANS	Kitniyos
BEAN SPROUTS	Kitniyos
BENEFIBER	Chometz
BIRD FOOD	See page 34
BLEACH	No Passover Certification Required
BLUSH	See page 20
BODY WASH	See page 20
BREWER'S YEAST	Chometz
BROWN SUGAR	Requires Passover Certification
BUCKWHEAT	Kitniyos
BUTTER	Requires Passover Certification
CANDLES	No Passover Certification Required
CANDY	Requires Passover Certification
CANNED FRUITS AND VEGETABLES	Requires Passover Certification
CANOLA OIL	Kitniyos
CARAWAY	Kitniyos
CARROTS FROZEN/CANNED	Requires Passover Certification
CAT FOOD	See page 34
CHARCOAL	No Passover Certification Required Includes plain, easy-light, apple, hickory, and mesquite
CHEESE	Requires Passover Certification
CHICKEN	See poultry
CHICKPEAS	Kitniyos
CLEANSERS AND POLISHES: ammonia, bowl and tub cleaner, drain/pipe opener, glass cleaner, javax, clorox, Mr. Clean, Murphy Oil, oven cleaner, sanitizers.	No Passover Certification Required
COCOA POWDER 100% PURE, PRODUCED IN NORTH AMERICA Hershey's cocoa powder (regular, not special dark cocoa)	No Passover Certification Required



<b>COCONUT (SHREDDED)</b>	Sweetened or flavored - Requires Passover certification Unsweetened & unflavored - No Passover certification required
<b>COCONUT MILK</b>	Requires Passover Certification
<b>COCONUT OIL</b>	Requires Passover Certification
<b>COFFEE</b> - flavored beans: whole or ground	The following are acceptable without special certification for Passover: Folgers – unflavored, regular and decaf, Via (by Starbucks) & Tasters Choice – unflavored, regular – NOT decaf ALL other instant coffee must bear Passover certification. Whole Beans and Fresh Ground Beans: Unflavored plain ground or whole bean coffees do not need special certification for Passover; this does not include decaf. Decaf requires Passover certification.
<b>COFFEE FILTERS</b>	No Passover Certification Required
<b>COFFEE WHITENER/ NON-DAIRY CREAMER</b>	Requires Passover Certification
<b>COLOGNE</b>	See page 20
<b>CONFECTIONARY SUGAR</b>	Requires Passover Certification
<b>CONTACT LENS SOLUTION</b>	No Passover Certification Required
<b>CONTACT PAPER</b>	No Passover Certification Required
<b>COOKING OIL SPRAY</b>	Requires Passover Certification
<b>COOKING WINE</b>	Requires Passover Certification
<b>CORIANDER SEEDS</b>	Kitniyos
<b>CORN AND CORN PRODUCTS</b> (e.g. corn oil, corn syrup)	Kitniyos
<b>COSMETICS</b>	See page 20
<b>CREAMS</b> (e.g. cosmetics)	See page 20
<b>CROCKPOT LINER</b>	No Passover Certification Required
<b>CUPCAKE HOLDERS</b>	Foil cupcake holders - No Passover Certification required. Paper cupcake holders require Passover certification. Reynolds paper cupcake holders when bearing an OU do not require Passover certification.
<b>CUMIN</b>	Kitniyos
<b>DATES</b>	Requires Passover Certification
<b>DENTAL FLOSS</b>	UNFLAVORED (waxed or unwaxed) No Passover Certification Required
<b>DEODORANT</b>	See page 20
<b>DESSERT GELS &amp; PUDDINGS</b>	Requires Passover Certification

<b>DETERGENT:</b> liquid, powder laundry	No Passover Certification Required
<b>DIETARY SUPPLEMENTS</b>	See page 17
<b>DILL</b>	Seeds - Kitniyos; Leaves - No Passover Certification Required
<b>DISHWASHING SOAP</b>	Any OU certified cleanser is acceptable
<b>DISPOSABLES:</b> paper, plastic, styrofoam: plates, cutlery, cups, napkins, paper towels	No Passover Certification Required
<b>DISPOSABLE GLOVES</b>	Those containing corn starch powdered coating should not be used to prepare food.
<b>DOG FOOD</b>	See page 34
<b>DRIED FRUIT</b>	Requires Passover Certification
<b>EDAMAME</b>	Kitniyos
<b>EGGS</b>	Cooked or liquid: Requires Passover Certification; Whole or raw (including pasteurized) No Passover Certification Required. Should be purchased before Pesach, since chicken feed contains chometz, it is customary not to eat eggs that were laid on Pesach.
<b>ENSURE</b>	See page 17
<b>EYE DROPS</b>	No Passover Certification Required
<b>EYE LINER</b>	See page 20
<b>EYE SHADOW</b>	See page 20
<b>FABRIC SOFTENER</b>	No Passover Certification Required
<b>FENNEL</b>	Seeds - kitniyos; Leaves or fresh - No Passover Certification Required
<b>FISH</b> - fresh: with no added ingredients besides salt	No Passover Certification Required
<b>FISH</b> - all other varieties	Requires Passover Certification Costco (Kirkland-Signature) Frozen farm raised salmon with OU, no "P" required. Member's Mark raw frozen salmon product of Chile, with Kof-K, no "P" required.
<b>FISH FOOD</b>	See page 34
<b>FLAX SEEDS</b>	Flax seeds are not kitniyos, See spices
<b>FOOD COLORING</b>	Requires Passover Certification
<b>FOOT POWDER</b>	No Passover Certification Required
<b>FROZEN DINNERS</b>	Requires Passover Certification

# Product Guide

<b>FRUIT</b> - canned, cooked, dried or sweetened	Requires Passover Certification
<b>FRUIT, FROZEN:</b> unsweetened without additives (i.e. syrup, citric acid, ascorbic acid, vitamin C)	No Passover Certification Required
<b>FRUIT PRESERVES</b>	Requires Passover Certification
<b>FURNITURE POLISH</b>	No Passover Certification Required
<b>GARLIC</b> - fresh	No Passover Certification Required
<b>GARLIC</b> - peeled	Requires Passover Certification
<b>GLOVES (DISPOSABLE)</b>	Without powder No Passover Certification Required
<b>GLUE</b>	All Krazy glue, Elmer's and Ross glues are made of synthetic ingredients and may be used on Pesach
<b>GRAPE JUICE</b>	Requires Passover Certification. There are differences of opinion as to what temperature is considered "mevushal". If the bottle states "mevushal", it satisfies the requirement of mevushal according to the certification listed on the bottle. Kedem Grape Juice produces a 1.5 liter glass bottle which states non-mevushal, this size bottle is not mevushal according to all opinions
<b>GRAPEFRUIT JUICE</b>	Requires Passover Certification
<b>GRAPESEED OIL</b>	Requires Passover Certification
<b>GREEN BEANS</b>	Kitniyos
<b>GUM</b>	Requires Passover Certification
<b>HAIR GEL</b>	See page 20
<b>HAIR SPRAY</b>	See page 20
<b>HAND SANITIZER</b>	Without alcohol No Passover Certification Required
<b>HEMP, HEMP OIL</b>	Kitniyos
<b>HERBAL TEA</b>	Requires Passover Certification
<b>HONEY</b>	Requires Passover Certification
<b>HORSERADISH-raw</b>	No Passover Certification Required
<b>HORSERADISH-prepared</b>	Requires Passover Certification
<b>HYDROGEN PEROXIDE</b>	No Passover Certification Required
<b>ICE (bagged)</b>	No Passover Certification Required
<b>ICE CREAM, SHERBERT, ETC.</b>	Requires Passover Certification
<b>INFANT FORMULA</b>	See Baby Formula

<b>INK</b>	No Passover Certification Required
<b>INSECTICIDE</b> - sprays	No Passover Certification Required
<b>INSECTICIDE</b> - traps	Some baits contain Chometz
<b>JAM, JELLY, PRESERVES</b>	Requires Passover Certification
<b>JUICE</b> (fruit)	Requires Passover Certification (see orange juice)
<b>K-CUPS</b>	All unflavored not decaf k cups when bearing an OU do not require Passover certification
<b>KASHA</b>	Kitniyos
<b>KETCHUP</b>	Requires Passover Certification
<b>KIMMEL</b>	Kitniyos
<b>KITNIYOS</b>	Those of Ashkenazic descent have the custom not to eat products on Pesach that contain kitniyos. The OU and Star-K have started to certify kitniyos products for Pesach on an expanded basis. These will clearly state 'OU-Kitniot' or 'Star-S P'
<b>LACTAID: CAPLETS, DROPS, TABLETS</b>	May contain chometz: Chewable pills- Not acceptable for Passover; Non-chewable pills - See page 17
<b>LACTAID MILK</b>	If needed, purchase before Passover
<b>LATEX GLOVES</b>	Powder free-No Passover Certification Required; With powder- Requires Passover Certification
<b>LAUNDRY DETERGENT</b>	No Passover Certification Required
<b>LAXATIVES</b>	See page 17
<b>LEMON JUICE - LIME JUICE</b>	Requires Passover Certification. Real Lemon Brand with OU is acceptable, no OU-P required
<b>LENTILS</b>	Kitniyos
<b>LIP PRODUCTS</b>	See page 20
<b>LIQUEUR</b>	Requires Passover Certification
<b>LIQUID MEDICINES</b>	See page 17
<b>LIQUOR</b>	Requires Passover Certification
<b>LISTERINE POCKETPAKS</b>	Not acceptable for Passover
<b>LOTIONS</b>	See page 20
<b>MAKEUP</b>	See page 20
<b>MARGARINE</b>	Requires Passover Certification



<b>MASCARA</b>	See page 20
<b>MATZAH</b>	Requires Passover Certification
<b>MATZAH A'SHIRA</b>	The following products are produced with fruit juice and are matzah a'shira- Manischewitz Tam Tam Crackers, Egg Matzah, Egg Matzah Crackers. They should only be eaten by those individuals who are permitted to eat egg matzah. Please check our website for additional products.
<b>MATZAH MEAL - MATZAH CAKE MEAL</b>	Requires Passover Certification - Storing these products from year to year presents an insect infestation problem. Heat and humidity cause microscopic eggs to hatch and grow. Unless stored properly, it is preferable to use product from the 2020 production season.
<b>MAYONNAISE</b>	Requires Passover Certification
<b>MEAT</b>	Fresh or frozen raw meat in original packaging is acceptable, but ground, cooked or repacked requires Pesach certification.
<b>MEDICINE</b>	See page 17
<b>MILK</b>	Preferable with Passover Certification. If certified milk is unavailable, purchase before Passover.
<b>MILLET</b>	Kitniyos
<b>MINERAL OIL</b>	No Passover Certification Required
<b>MINERAL WATER</b>	Plain water acceptable if it doesn't contain vitamins and additives
<b>MONOSODIUM GLUTAMATE</b>	Requires Passover Certification
<b>MOUSSE (FOR HAIR)</b>	See page 20
<b>MOUTHWASH</b>	These do not have any chometz issues: Scope (ALL), Listerine-Cool Mint Antiseptic, Listerine Total Care Zero, Ultra Clean Antiseptic, Zero
<b>MSG</b>	Requires Passover Certification
<b>MUSHROOMS - canned</b>	Requires Passover Certification
<b>MUSHROOMS - fresh</b>	No Passover Certification Required
<b>MUSTARD</b>	Kitniyos
<b>NAIL POLISH</b>	See page 20

<b>NAPKINS</b>	No Passover Certification Required
<b>NON-DAIRY CREAMER</b>	Requires Passover Certification
<b>NUTRITIONAL SUPPLEMENT (e.g. Ensure)</b>	See page 17
<b>NUTS</b>	No Passover Certification Required Raw, whole or chopped nuts are generally acceptable if they are without preservatives or additives (e.g. BHT, BHA). Note: if the allergin statement lists kitniyos or chometz being processed in the same facility, it would require Pesach certification.
<b>NUTS - pecan pieces, midget pecans</b>	Requires Passover Certification
<b>OINTMENTS</b>	See page 20
<b>OLIVE OIL - extra virgin (unrefined- cold pressed)</b>	No Passover Certification Required All other olive oil varieties including pure olive oil and extra light, requires Passover certification.
<b>OLIVES - canned &amp; jarred</b>	Requires Passover Certification
<b>OIL</b>	Requires Passover Certification
<b>ORANGE JUICE - fresh</b>	Requires Passover Certification
<b>ORANGE JUICE - pure frozen concentrated, [grade A 100% pure without additives or enrichments (e.g. calcium)]</b>	No Passover Certification Required
<b>ORTHODONTICS</b>	No Passover Certification Required Rubber bands are coated with corn starch, they should be rinsed with cold water before placing in mouth.
<b>OVEN CLEANER</b>	No Passover Certification Required
<b>PANS (aluminum)</b>	No Passover Certification Required
<b>PAPER BAGS</b>	No Passover Certification Required
<b>PAPER TOWELS</b>	See Disposables
<b>PARAFFIN</b>	No Passover Certification Required
<b>PARCHMENT PAPER</b>	Requires Passover Certification Reynolds when bearing OU does not require Passover Certification
<b>PEANUTS</b>	Kitniyos
<b>PEAS</b>	Kitniyos

# Product Guide

<b>PEDIATRIC SUPPLEMENTS</b>	See page 17
<b>PERFUME</b>	See page 20
<b>PET FOOD</b>	See page 34
<b>PETROLEUM JELLY</b>	No Passover Certification Required
<b>PICKLES</b>	Requires Passover Certification
<b>PILLS</b>	See page 17
<b>PINEAPPLE</b> (canned)	Requires Passover Certification
<b>PLASTIC</b> (cutlery, plates)	No Passover Certification Required
<b>PLASTIC WRAP</b>	No Passover Certification Required
<b>PLAY DOUGH</b>	May Contain Chometz
<b>POLISHES</b> - furniture polish, jewelry polish, silver, copper, metal polish, shoe polish	No Passover Certification Required
<b>POPCORN</b>	Kitniyos
<b>POPPY SEEDS</b>	Kitniyos
<b>POTATO CHIPS</b>	Requires Passover Certification
<b>POULTRY</b>	Fresh or frozen raw poultry in original packaging is acceptable, but ground, cooked or repacked requires Passover certification.
<b>POWDERED DISH DETERGENT</b>	No Passover Certification Required
<b>PRUNES</b>	Requires Passover Certification
<b>PUMPKIN SEEDS</b>	Not kitniyos; acceptable if raw and without additives
<b>QUINOA</b>	It has been found that farmers grow barley in the vicinity of quinoa, and sometimes cover the quinoa with barley to keep the birds from eating the quinoa. There are differing opinions as to the kitniyos status of quinoa. For those people who use quinoa grain on Pesach, a Passover Certification is required.
<b>RAISINS</b>	Requires Passover Certification Great Value, Champion, Market Pantry, Trader Joe's, Dole with OU are acceptable. No OU-P required. (non oil-treated only)
<b>RICE</b>	Kitniyos
<b>RICE MILK</b>	See page 15
<b>SAFFLOWER OIL</b>	There are differing opinions as to the kitniyos status of safflower oil. Ask your rabbi for direction.

<b>SAFFRON</b>	Requires Passover Certification - Some have a custom not to use saffron on Pesach.
<b>SALADS</b> - bagged	Requires Passover Certification
<b>SALMON</b>	See fish
<b>SALT</b> - iodized	Requires Passover Certification
<b>SALT</b> - non iodized/sea salt, and does not contain dextrose or polysorbate	No Passover Certification Required
<b>SANITIZERS</b> (e.g. PURELL)	See page 20
<b>SCOURING PADS</b>	No Passover Certification Required
<b>SELTZER</b> - (water and CO2 only, unflavored)	No Passover Certification Required
<b>SESAME SEEDS</b>	Kitniyos
<b>SHAMPOO</b>	See page 20
<b>SHAVING LOTION</b>	See page 20
<b>SHERBET</b>	Requires Passover Certification
<b>SHORTENING</b>	Requires Passover Certification
<b>SILVER POLISH</b>	No Passover Certification Required
<b>SNOW PEAS</b>	Kitniyos
<b>SODA</b>	Requires Passover Certification
<b>SORBET</b>	Requires Passover Certification
<b>SORGHUM</b>	Kitniyos
<b>SOUP MIX</b>	Requires Passover Certification
<b>SOUR TOMATOES</b>	Requires Passover Certification
<b>SOY MILK</b>	See page 15
<b>SOY PRODUCTS</b>	Kitniyos - soy sauce may contain chometz
<b>SPICES</b>	Requires Passover Certification. Anise, caraway, coriander seeds, cumin, dill seeds, fennel seeds, and mustard are kitniyos; other spices are acceptable in whole form but ground spices require certification.
<b>STAIN REMOVER</b>	No Passover Certification Required
<b>STICK DEODORANT</b>	See page 20
<b>STRING BEANS</b>	Kitniyos
<b>STRYFOAM</b>	No Passover Certification Required
<b>SUGAR</b> - pure, white cane sugar without additives (e.g. dextrose) , white granulated	No Passover Certification Required



<b>SUGAR SUBSTITUTE, ARTIFICIAL SWEETENERS</b>	Requires Passover Certification
<b>SUNFLOWER SEEDS</b>	Kitniyos
<b>SYRUPS</b>	Requires Passover Certification
<b>TEA</b> - instant, decaffeinated, flavored, and herbal	Requires Passover Certification. Nestea - instant unflavored caffeinated tea powder is acceptable without special Passover certification. Decaffeinated version is not recommended this year. Lipton decaffeinated tea bags-unflavored, are acceptable without Passover certification.
<b>TEA</b> - pure black, green, and white leaves or bags	No Passover Certification Required
<b>TOFU</b>	Kitniyos
<b>TOMATO PASTE, TOMATO SAUCE, ETC.</b>	Requires Passover Certification
<b>TOOTHPASTE</b>	These do not have any chometz issues: Aim (ALL), Close Up (ALL), Colgate (ALL), Pepsodent (ALL), Ultrabrite (ALL)
<b>TOOTHPICKS</b>	Without Color - No Passover Certification Required
<b>TUMS</b>	Chewable antacids require Pesach certification, and the Tums brand is not certified for Pesach
<b>TUNA FISH, CANNED</b>	Requires Passover Certification
<b>TURMERIC</b>	Turmeric is not kitniyos, See spices
<b>VANILLA SUGAR</b>	Requires Passover Certification
<b>VEGETABLE OIL</b>	Requires Passover Certification
<b>VEGETABLES</b> Frozen, canned, cooked or bagged salads	Requires Passover Certification
<b>VEGETABLE WASH</b>	Requires Passover Certification
<b>VINEGAR</b>	Requires Passover Certification
<b>VITAMINS</b>	Requires Passover Certification
<b>WATER</b> - unflavored	No Passover Certification Required
<b>WAX FOR BRACES</b>	No Passover Certification Required
<b>WAX PAPER</b>	No Passover Certification Required
<b>WILD RICE</b>	Kitniyos
<b>WINE</b>	Requires Passover Certification See grape juice

<b>WOOD CHIPS</b>	No Passover Certification Required
<b>WRAP</b> (plastic)	No Passover Certification Required
<b>YOGURT</b>	Requires Passover Certification



## Milk Substitutes\* for Pesach 2020

The OU has researched the following milk substitutes and determined that they do not contain chometz, and are kosher when bearing the OU symbol. However, the (a) soy and rice milks are kitniyos-based, and the almond milks may also contain kitniyos and (b) may contain other ingredients which are only appropriate on Pesach for people with specific health needs. **Accordingly, these items should only be used after consultation with one's Rabbi who will determine if and how it is appropriate for a given person to use them.**

Almond Breeze Original  
Rice Dream Classic Original  
Soy Dream Original Enriched

\*Only in shelf-stable, non-refrigerated containers





# Gebrochts:

## May I or May I Not

Rabbi Naphtali Burnstein



**T**he Yom Tov of Pesach has many halachos and minhagim associated with it. Because of the serious nature of the prohibition of eating chometz on Pesach, many chumros or stringencies have evolved to protect us from violating the prohibition of eating chometz on Pesach.

One of the stringencies that has evolved and become accepted in some communities, is the minhag not to eat Gebrochts on Pesach. In order to understand this minhag an explanation must be given of what lead to this minhag or custom.

During the Yom Tov of Pesach, we are forbidden to eat any of the five grains specified in the Talmud, if they have been “leavened.” The five types of grains are wheat, barley, spelt, oats and rye. Leavening is defined as flour of one of these grains combined with water and allowed to sit for more than 18 minutes before being baked. Once flour has been mixed with water and baked into matza, it is no longer subject to leavening or chametz. It would seem from the Talmud that matza soaked in water would be permissible to eat on Pesach.

However, later on in our history, primarily amongst Chasidic Jews the custom evolved to avoid putting matzah or any matza product into water or any liquid. This avoids the concern that a clump of flour that was not properly mixed with water may come in contact with a liquid.

The name of this type of food became known as Gebrochts. As was mentioned earlier, it was adopted primarily in the Chasidic communities. This tradition is actually mentioned in the Shulchan Aruch Harav,

amongst other sources. Their concern was that perhaps the matza was not kneaded sufficiently, and some unbaked flour remains on the matzah. The soaking will then bring about a potential fermenting process.

As a result of this caution the adherents of this custom do not eat matza ball soup or matza brei on Pesach. Non-gebrochts recipes and products generally substitute potato starch for matza meal. There is even a mix available to make matza balls out of potato starch (who said you can’t have your cake and eat it too). Today many of the hotels that are kosher for Pesach advertise that they are Gebrochts-free, to attract the adherents of this custom.

Outside of the communities who follow this tradition, many people do not keep this custom. Their rationale is that there is no reason to assume that the flour was not baked through and they are not concerned of the clumping of flour that was not completely mixed with water. In addition, they feel that this custom makes it more difficult to enjoy the Simcha of Yom Tov by placing chumros on ourselves.

Even the adherents of this custom, do not follow this stringency on the eighth day of Pesach. Since the last day of Pesach is only Rabbinic, the tradition was not to follow the stringency on the last day. In addition, the utensils used for gebrochts on the last day of Pesach may be used the next year on Pesach without any concern.

As is true of so many areas of our tradition we should follow our family traditions and enjoy the spirit of Pesach and its message of Zman Charoseinu. 🥰



# Medications Guidelines for use of on Pesach



**IMPORTANT: NO ONE SHOULD DISCONTINUE OR AVOID TAKING MEDICATIONS THAT HAVE BEEN PRESCRIBED TO THEM WITHOUT CONSULTING THEIR DOCTOR AND RABBI.**

**MEDICATION** which tastes bitter (when chewed) is permitted. However, one should not take a pill that contains chometz if there is a chometz-free alternative.

**LIQUID** and chewable medications, as well as coatings of medications that contain chometz should not be used.

**VITAMINS** and food supplements that contain chometz should not be used.

**MEDICINE** containing kitniyos is permitted for someone who feels ill.

**PRODUCTS** that are only permitted for medical reasons should be used in separate utensils.

The following is a list of some common over the counter products that are chometz-free but may contain kitniyos. Furthermore, the list does not verify the general kashrus of the medications. Items must be in exact format as shown and exactly as named.

## Allergy

Allegra-D – 12 hr. Tablets  
Benadryl Allergy – Ultratab Tablets  
Benadryl Children's Allergy – Dye Free Liquid (Bubble Gum),  
Liquid (Cherry), Plus Congestion (Grape)  
Claritin-D – 12 hr. Tablets (Dairy), 24 hr. Tablets

## Antacid/Digestion/Gas

Align (Capsule)  
Alka-Seltzer – Original  
Dramamine – Original Formula (Dairy), Less-Drowsy tabs (Dairy),  
chewable tabs (orange)  
Imodium AD Multisymptom Relief Caplets (Caplet)  
Konsyl Powder Original Formula – Unflavored (no kitniyos)  
Pepto Bismol – 5 Symptom Relief (Caplet)  
Pepto Bismol – Original Liquid, Original Chewables,  
Original Caplets  
Phillips' Milk of Magnesia – Original Liquid [no kitniyos],  
Mint Liquid  
Prilosec OTC – Wildberry Flavor - Non-Chewable (Tablet)

## Fever Reducer/Pain Relief

Advil – Caplets – Coated (but not Film-Coated) approved when  
last inactive ingredient listed on panel is white wax  
Tablets – Coated (but not Film-Coated) approved when  
last inactive ingredient listed on panel is white wax  
Advil – Jr. Strength Swallowable (NOT Chewable)  
Adwe – Pain Relief Children Liquid Acetaminopen,  
Pain Relief Infant Liquid Acetaminopen  
Aleve – Caplets (Blue Pill)  
Bayer Aspirin – Genuine Tabs,  
Low-Dose Chewable 81mg (cherry, orange)  
Motrin – IB coated caplets  
Infant Drops (dye-free berry)  
Children's Suspension (Berry, Dye-Free Berry,  
Bubble Gum)  
Tylenol – Extra Strength Caplets, Regular Strength Tablets  
Tylenol – Children's Suspension (cherry)  
Infants Oral Suspension (Grape)  
Signature Care – Junior Strength Ibuprofen (Chewable)  
Walgreens – Junior Strength Ibuprofen 100 (Chewable Tabs)

## Laxatives/Fiber Supplements

Citrucel (Caplets)  
Dulcolax Overnight Relief (Tablets)  
Epsom Salt (pure) Generic or Branded versions (Powder)  
Ex-Lax (Tablets)  
Fibercon (Caplet)  
Metamucil – Original Coarse Powder (no kitniyos)  
Orange Smooth Powder (Regular & Sugar-Free)  
4 in 1 Fiber with Real Sugar Unflavored (Powder)  
Miralax (Powder)  
Peri-Colase (Tablets)  
Phillips Milk of Magnesia – Caplets, Original Liquid (unflavored)  
Prunelax Ciruelax (Tablets)  
Senokot (Tablets) Senokot-S (Tablets)  
Walgreens – Mineral Oil (Liquid)

The OU has researched the following nutritional supplements and determined that they are respectively suitable for someone who is infirm (choleh she'ain bo sakanah) and for infants, when bearing the OU logo.\*

## Nutritional Supplements

Boost Glucose Control  
Boost High Protein  
Boost Nutritional Pudding  
Boost Plus  
Ensure Compact  
Ensure Complete Nutrition Shake  
Ensure Healthy Mom Shake  
Ensure High Calcium Shake  
Ensure High Protein Shake  
Ensure HN  
Ensure Homemade Shake  
Ensure Plus

Ensure Plus HN  
Ensure Plus Next Generation  
Ensure Shake  
Ensure TwoCal

## Pediatric Supplements

Boost Kid Essentials, 1.0, 1.5  
Boost Kid Essentials with Fiber  
Enfamil 5% Glucose Water  
Pediasure Compleasure  
Pediasure Peptide  
Pediasure RPB  
Pediasure Vanilla Powder  
Pediasure Shakes

\*Most of these products contain kitniyos, and for some that is the primary ingredient. With the exception of the flavors used, any item which might be chometz-based is used in such small proportions that it is batel b'shishim (nullified). Where possible, it is preferred to (a) use a substitute which is certified for Pesach, and (b) use a liquid supplement instead of a powdered one. 🍷

The list above is based on information from the CRC and the Star K.



# All Sales Final

Rabbi Shimon Gutman



One of the hallowed traditions leading up to Pesach is the sale of chometz. The head of household goes to their Rabbi to sell their chometz. Being that this is a real deal, let's follow the flow of this sale.

## Origins

The concept of selling one's chometz is already mentioned in the Tosefta (Pesachim 2:6) and Yerushalmi (ibid 2:2). A Jew and Non-Jew were on a ship and the Jew had to divest himself of his chometz before Pesach. The advice given is that he should sell or give it to the non-Jew wholeheartedly and he may then buy it back after Pesach.

## Individual Sale

It's important to understand that your Rabbi is not buying your chometz. He has enough of his own. Rather, you are appointing him as agent to sell your chometz. To show that you have firmness of mind to use him as your agent, you will perform a kinyan suddar, whereby you lift an object that he gives you i.e. pen, yarmulke, handkerchief. The paper that one fills out is an authorization form (שטר הרשאה) whereby you will list

- The location of the chometz and how the non-jew can gain access to his chometz
- What you are selling
- The approximate value of the chometz

On Erev Pesach morning the Rabbonim will bring together all the authorization forms and perform a transaction with the non-jew whereby he acquires all the chometz. The transaction must meet the halachic guidelines of a sale between a Jew and non-Jew. We actually perform several forms of acquisition to satisfy different opinions in halacha. It's important to note that we are only selling food items - not our dishes and utensils. Those just need to be put away for the duration of Pesach.

A person who will be in a different time zone on Erev Pesach should inform their Rav of this, as their chometz may have to be sold at an earlier date or time.

## Distributor & Supermarket Sale

What happens with the chometz of a Jewish owned distributor or grocery? It needs to go through a similar sale or it will be forbidden after Pesach. However, there is a unique complication with distributors. They will be receiving chometz during Pesach. The sale done on Erev Pesach would only include chometz which is owned at that time, not chometz that will come in during Pesach. In order to resolve this issue, instead of a sale of the chometz, we do a sale of the whole business to the non-Jew. Since the business is now owned by a non-Jew, any chometz delivered during Pesach will also belong to the non-Jew\*. In the Cleveland area there are two main Jewish owned distributors. Pollak Foods and Midland Foods. Dave's Markets is a Jewish owned supermarket\*\*. Each will go through this type of mechira in some form or shape.

## After Pesach Buy Back

Remember, this is a real sale. The chometz needs to be bought back from the non-Jew before we can partake of it. The Rav will meet the non-Jew immediately after the Chag and again perform a halachic transaction thereby acquiring all the chometz on behalf of all the constituents. Bakeries, Pizza Shops must wait until this transaction is completed.

## No Sale

If a Jewish person did not participate in a Mechiras Chometz, all chometz and chometz mixtures that were in his possession during Pesach would remain forbidden to benefit from. The prohibition remains in effect even if the item is transferred to someone else's domain. This is the reason why we must know the background of ownership of our grocers and distributors.

\*Since there are those that frown upon this type of Mechira, the vaad hakashrus performs two types of sales for Midland. 1) We do a sale of the business. 2) We put aside merchandise before Pesach which is marked, palletized and sealed. This merchandise is then sold as a separate mechira. It will remain untouched during Pesach. After Pesach our local kosher stores will take delivery from this merchandise for the next several weeks.

\*\*Giant Eagle is a Pittsburgh based company. According to current information, they participate in a standard Mechiras Chometz, whereby only the Chometz on hand Erev Pesach is sold. 📦



# *Spring is in the air!*

*Freshen up your makeup kit with some new spring colors.*

**10% off with mention of this ad through March 31st, 2020.**  
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# Personal Care Products

**LIQUID** deodorants, hairsprays, perfumes and shaving lotions that contain denatured alcohol, product of USA, are acceptable.

**LIPSTICKS**, toothpastes, and mouthwashes which contain chometz, which are not fit for consumption are permitted on Pesach. However, some have the practice of being stringent not to use these types of products if they contain chometz.

**OTHER PERSONAL CARE PRODUCTS** such as blush, body soap, conditioners, creams, eye shadow, eyeliner, face powder, foot powder, foundations, lotions, mascara, nail polish, ointments, paint, shampoo, and stick deodorant, which are not fit for consumption are permitted on Pesach. However, some have the practice of being stringent not to use products that contain chometz which are applied to one's body.

The products listed below are chometz-free. If you have any questions about products not listed, please call the Cleveland Kosher Hotline at 440-347-0264.

## Cologne & Perfume

Recommended if free of (denatured) alcohol or if manufactured in the United States

## Deodorant - Spray & Liquid

Gel-All are recommended

Liquid-Recommended if free of (denatured) alcohol or if manufactured in the United States

Spray-Recommended if free of (denatured) alcohol or if manufactured in the United States

## Hairspray & Mousse

Recommended if free of (denatured) alcohol or if manufactured in the United States

## Lipstick

Almay

- Goddess Gloss
- Lip Vibes Lipstick
- Smart Shade Butter Kiss Lipstick

Bare Minerals

- Barepro Longwear Lipstick Slim Matte Lipstick
- Floral Utopia Gen Unde Patent Lip Lacquer
- Gen Nude Buttercream Lip Gloss
- Gen Nude Matte Liquid Lipstick

Bobbie Brown

- Crushed Lip Color
- Crushed Liquid Lip
- Lip Color
- Luxe Lip Color
- Luxe Liquid Lip Velvet Matte
- Luxe Matte Lip Color
- Luxe Shine Intense Lipstick

Chanel

- Rouge Allure
- Ink Fusion Ultrawear Intense Matte Liquid Lip Colour
- Beige Naturel, Berry, Mauvy Nude, Pink Brown, Vibrant Pink, Rouge Allure

Rouge Luminous Intense Lip Colour

Délicieux, Magnifique,

Majestueux, Noble,

Spectaculaire, Splendide

Velvet Extrême Intense Matte

Lip Colour

Éternel, Extrême, Impressive,

Muted Fuchsia

Rouge Coco Flash Hydrating Vibrant

Shine Lip Colour

Bohème, Désir

Clinique

- Almost Lipstick
- Dramatically Different Lipstick
- Shaping Lip Colour
- Pop Lacquer Lip Colour + Primer
- Pop Matte Lip Colour + Primer

Dior

- Addict Lacquer Stick
- Addict Stellar Shine
- Rouge Dior
- Rouge Dior Liquid
- Rouge Dior Ultra Care
- Rouge Dior Ultra Care Liquid

ELF Cosmetics

- Beauty Shield Lipstick
- Day to Night Lipstick Duo
- Essential Lipstick
- Lip Balm Tint
- Lip Definer & Shaper
- Lip Exfoliator
- Lip Kiss Balm
- Lip Lacquer
- Lip Liner
- Lip Lock Crayon
- Lip Plumping Gloss
- Lock On Lip Primer
- Luscious Liquid Lipstick
- Matte Lip Color
- Moisturizing Lipstick
- Pout Perfecter Glow
- Radiant Gel Lip Stain
- Sheer Matte Liquid Lipstick
- Tinted Lip Oil

Velvet Matte Lipstick

Estee Lauder

Pure Color Envy

Metallic Matte Sculpting Lipstick

Pure Color Love Lipstick

Giorgio Armani

Rouge D'Armani Matte Lipstick

Lancôme

- Color Design
- Color Design Nude Lip Set
- Color Design Red Lip Set
- L'Absolu Lacquer X Chiara Ferragni
- L'Absolu Rouge Holiday Edition
- L'Absolu Rouge Hydrating Lipstick
- L'Absolu Rouge Ruby Cream Lipstick

Loreal

- Colour Riche Shine Lipstick
- Colour Riche La Lacque Lip Pen
- Colour Riche Lipcolour
- Colour Riche Matte Lipstick
- Infallible Pro-Matte Liquid Lipstick

Marc Jacobs Beauty

- Enamored Dazzling Gloss Lip Lacquer
- Enamored Hi-Shine Lip Lacquer Lipgloss
- Enamored Hydrating Lip Gloss Stick
- Le Marc Lip Crème Lipstick
- Poutliner Longwear Lip Liner Pencil

Maybelline

- Lip Studio Electric Shine Prismatic Lip Gloss Makeup
- Lip Studio Glitter Fix Glitter Lip Gloss Makeup
- Superstay Ink Crayon Lipstick
- Matte Longwear Lipstick Makeup

Revlon

- Colorstay Ultimate Suede Lipstick
- HD Ultra Matte Lipcolor
- Matte Is Everything By Super Lustrous
- Super Lustrous Lipstick

Ulta 9

- Lip Gloss
- Matte Lipstick
- Moisturizing Lipstick

Urban Decay

- Vice Lipstick 1993 Comfort Matte



Vice Lipstick 69 Cream  
 Vice Lipstick 714 Mega Matte  
 Vice Lipstick Accident (Metallized)  
 Vice Lipstick Brat (Sheer)  
 Vice Lipstick Broken (Sheer Shimmer)  
 Vice Lipstick Naked Heat Capsule Collection  
 Wet N' Wild  
 Color Icon Lipliner  
 Crystal Cavern Mega Glo Lip Gloss  
 Fantasy Makers Megalast Liquid Catsuit  
     High-Shine- Vampire's Juice Box  
 Megalast Lip Color  
 Megalast Liquid Catsuit Matte Lipstick  
 Megalast Liquid Lip Color  
 Megaslicks Lip Gloss  
 Naked Protest Velvet Matte Lip Color  
 Perfect Pout Jelly Balm  
 Perfect Pout Lip Color  
 Perfect Pout Ombre Lip Wand  
 Silk Finish Lipstick  
 Snowmelt Lip Powder

## Miscellaneous

Asthma Inhalers, all types (Liquid Vapor)  
 Chapstick- Classic Original, Classic Cherry, Strawberry, Spearmint  
 Culturelle - Digestive Health Women's Healthy Balance (Capsule)  
 Fixodent - Extra Hold (Powder)  
 Floss-Unflavored, including waxed  
 NoDoz Alertness Aid (Tablet)

## Mouthwash

Colgate - Mouthwash [All]  
 Listerine- Cool Mint Antiseptic, Total Care Zero, Ultra Clean  
 Antiseptic, Zero  
 Scope [All]

## Toothpaste

Aim (ALL)  
 Close Up (ALL)  
 Colgate (ALL)  
 Pepsodent (ALL)  
 Ultrabrite (ALL)

## Wipes

Recommended if free of (denatured) alcohol  
 or if manufactured in the United States

The list above is based on information from the CRC  
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# Kashering for Pesach

Dishes, utensils, kitchen appliances, countertops, and anything else used with food year-round, cannot be used for Passover unless it goes through a process known as “kashering” or “hechsher keilim”. For a few items kashering just involves thoroughly cleaning the item, but for most items kashering also requires submerging the item in boiling water or a similar hot process. The laws of kashering are quite complex, and this article will present the most practical points for the average consumer; readers are encouraged to discuss any questions not covered in this article with their local Orthodox Rabbi.

## KASHERING NOTES

- Typically, it is not permitted to kasher a meat item in order to use it for dairy, or vice versa. However, once an item has been kashered for Pesach, it may be designated for either one.
- Since kashering can involve boiling hot water, red-hot burners or even a blow torch, safety is an important concern. It's best to use protective gloves and tongs while kashering. Children should be kept away from the area in which you are working.
- When in doubt, ask your Rabbi or contact the Vaad Hakashrus. Although this is an important rule all year round, it's crucial when it comes to Pesach when the laws are more complex and more stringent.
- These guidelines are for kashering chometz items for Pesach use only. To kasher items all year round that may have become non-kosher (i.e. meat utensil that absorbed milk), consult your Rabbi or the Vaad Hakashrus, as there may be more leniencies.
- Due to the complexities of the kashering process, to the extent that it is feasible, it is best to have separate items for Pesach.

## Kashering & Cleaning Guide:

### OVENS

#### A. Self-Cleaning Ovens

- Run the self-cleaning cycle for three hours.
- Some don't put any food during Pesach on the door unless the door is covered.
- Some cover the racks if chometz was put directly on them.

#### B. Conventional Ovens

- Use an oven cleaner to thoroughly clean the entire oven, including the racks and doors.
- Turn the oven on to its highest setting for 1-2 hours (libun kal).
- If chometz was directly placed on the racks during the year, the racks should be covered with aluminum foil so that no pots or pans touch them directly.

#### C. Continuous Cleaning Ovens

- Despite its name, don't assume that this type of oven is always clean.
- Clean the oven thoroughly. (Caution - check the manual for what type of cleansers you should use).
- Kasher in the same way as a conventional oven.

#### D. Warming Drawers

- Cannot be kashered

## STOVE TOPS

#### A. Electric and Gas

- Clean the entire surface of the stove top and all its parts - grates, burners, chrome rings, drip trays and knobs.
- Electric burners - Turn them on to the maximum setting for approx 10 minutes.
- Gas grates - Kasher them with one of the following methods:
  1. Placing them in the oven while it is being self cleaned or on to its highest degree for 1 hour. (Caution - if the oven is being kashered by using the self cleaning cycle, verify that the grates can withstand the heat).
  2. Place a wide pot (with water so as not to burn the pot) or a blech on the grate while the burners are turned to maximum heat for ten minutes in order to spread the heat to the grates.



- Drip trays – Put them in the oven while it's being kashered.
- Knobs – Clean them thoroughly and preferably cover them.
- Surface – Cover the entire surface with heavy aluminum foil or a Pesach blech so that only the burners are exposed.
- Backsplash – Cover with heavy aluminum foil. (Caution – be careful not to block any vents).
- Oven hood – Clean thoroughly, and cover with foil.

#### **B. Glass-topped Range (includes Corning, Halogen, Ceran)**

- Burners: Turn them onto their maximum setting (until they are glowing red hot).
- Cover the rest of the surface around and between the burners with material that will not easily tear (Caution: do not cover the stove with a blech as it can cause the glass to crack.)

## **SINKS**

### **A. Stainless Steel Sinks**

- Clean every part thoroughly – mainly basin, knobs, faucet, drain area. Be sure to clean the spout on the faucet.
- Pour a strong chemical cleaner half hour before kashering down the drain and into any crevices that cannot be properly cleaned.
- Do not use the sink with hot chometz for 24 hours.
- Dry the sink prior to kashering.
- Kasher by pouring boiling hot water on every part of the sink, including the knobs and faucet. Cold water should immediately be applied with a rag, or poured on, to all of those surfaces. Kashering should be done with a special pot used for kashering or a Pesach pot.
- Some people move a preheated stone or piece of metal around the sink as the water is being poured.
- It may take a few refills of the kettle or pot to kasher the entire sink. Each new area being kashered has to be dried from splash of previous pour.
- Extendable faucets – An alternative way of kashering this part of the sink is to dip it into the kashering pot (Caution – plastic parts could warp if kept in too long).
- Stoppers, strainers – replace for Pesach. (If necessary, they may be cleaned well and kashered with boiling water)
- Some people cover the entire area of the sink after kashering it or place an insert in the sink.

### **B. Enamel, Porcelain, Corian Sinks**

- Sinks made of these materials cannot be kashered.
- Clean them thoroughly and use a strong chemical cleaner (see stainless steel sinks, above)
- Place an insert in the sink; or line the walls and bottom of the sink with contact paper or heavy aluminum foil. Then, place a rack on the bottom and wash dishes in a dishpan placed on top of the rack.

## **COUNTERTOPS**

### **A. Materials that CAN be kashered:**

Pure Granite (not granite composite)/Marble/Metal/Stainless Steel/Wood

#### **To kasher these counters:**

- Clean them thoroughly.
- Do not put anything hot on them for 24 hours.
- Kasher by carefully pouring boiling water on the entire area from a kettle or from a pot taken directly from the stove. It may take a few refills of the kettle or pot to kasher the entire counter. Each new area being kashered has to be dried from splash of previous pour. Kashering should be done with a special pot used for kashering or a chometz pot that has not been used for 24 hours.
- Some people cover these types of counters even after kashering them. Some people move around a preheated stone or hot iron as they pour the hot water.

### **B. Materials that CANNOT be kashered:**

Corian/Enamel/Formica/Plastic/Porcelain/Surrel/Granite Composite

#### **Before using these counters:**

- Clean them thoroughly.
- Cover them with a thick waterproof material that won't rip easily while you are working on them.

## **REFRIGERATORS & FREEZERS**

- Clean every surface and all parts thoroughly using a cleanser that will render inedible any tiny crumbs that may have been missed.
- Some have a custom to cover surfaces that will directly touch food.

## **CUPBOARDS, DRAWERS & SHELVES**

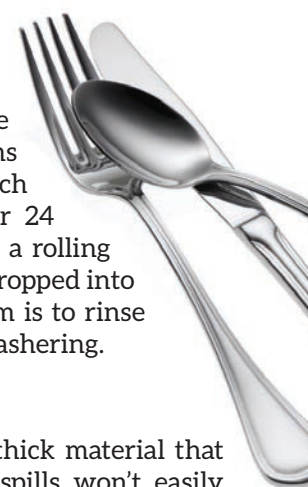
- Clean thoroughly with a cleanser that will render inedible any tiny crumbs that may have been missed.
- Some have a custom to cover surfaces that will directly touch food.

## **FLATWARE**

- Silver and stainless steel flatware require Hagola. The process begins with a thorough cleaning, after which the utensil should not be used for 24 hours. A pot of water is brought to a rolling boil, and the pieces of flatware are dropped into the water one at a time. The custom is to rinse the flatware with cold water after kashering.

## **TABLES & CHAIRS**

Clean thoroughly. Cover tables with a thick material that won't tear easily and through which spills won't easily penetrate. Covers should be fastened securely. cont.



## KASHERING FOR PESACH cont.

### MISCELLANEOUS ITEMS

- A. Tablecloths and Dish Towels - Launder with soap and hot water. (Plastic tablecloths cannot be kashered.)
- B. Highchairs - Clean thoroughly and cover tray.
- C. Rings - Clean thoroughly.
- D. Candlesticks and Tray - Clean thoroughly and don't wash in a Kosher for Pesach sink (the same applies for flower vases that were on the table during the year).

### ITEMS THAT CANNOT BE KASHERED

- Blech
- Bottles with narrow necks
- Ceramic
- China
- Colander/Strainer/Sieve
- Crockpot
- Food Processor
- George Foreman Grill
- Grater
- Hot Plate
- Mixer
- Plastic Tablecloths
- Sifter
- Toaster / Toaster Oven
- Warming Drawer
- Wooden Cutting Board 



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# Shaimos Guidelines:

## Discarding Holy Objects

As we clean for Pesach, we tend to use the opportunity to declutter our homes as well. We find that over the course of the year we manage to collect a sizeable collection of Torah and *mitzvah* related material. Since the Torah requires us to treat holy writings and objects with dignity even when they won't be used anymore, many of these items cannot be thrown out in the regular garbage. These items, known colloquially as *shaimos*, must be discarded in the respectful manner that is outlined in *halachah*.

Many cities have an organization that deals with *shaimos* burial. People collect their personal *shaimos* materials and place them either in a designated bin, or, as is the practice in Cleveland, wait for a city wide *shaimos* collection. Just as it is important to clarify which items belong in *shaimos*, it is also important to know what is not considered *shaimos*, since there are times that it is considered disrespectful to bury non-*shaimos* with regular *shaimos*.

### The following are considered Shaimos:

- Tefillin, mezuzos, and megilos
- Chumashim, siddurim, benchers, mishnayos, gemara, Torah commentaries, Shulchan Aruch and halacha seforim etc.
- Mezuza covers, tefillin straps, boxes and bags
- Paper that contains Hashem's name

### The following items that are used once or twice should be double wrapped before being disposed of:

- Children's *lemudai kodesh* homework and *parsha sheets*
- The *divrei Torah* from Jewish publications such as newspapers and shul newsletters. The social sections may be disposed of. 📄



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# Tevilas Keilim


Immersing  
dishes & utensils  
in a Mikvah



In a kosher kitchen, many types of dishes and utensils must be immersed in a mikvah before they may be used. Tevilas Keilim is independent from Kashering. The basic difference between the two is that Kashering refers to various methods of extracting or burning absorbed substances, while Tevilas Keilim is a ritual of sanctifying the utensil. We have compiled a list of common items and indicated which ones do or do not need Tevilas Keilim and if a bracha is required when they do.

ITEM	TEVILAH REQUIREMENT	BROCHA REQUIREMENT
Aluminum (disposable)	No	
Aluminum (disposable - to be used more than three times)	Yes	No
Aluminum (non-disposable)	Yes	Yes
Baby Bottle	No	
Baking sheet	Yes	Yes
Blech	No	
Blender	Yes	Yes
Cast iron	Yes	Yes
Ceramic (e.g. coffee mug)	Yes	No
Chicken Scissors	Yes	No
China	Yes	No
Coffee maker	Yes for the glass parts	see note
Colander	Yes	Yes
Corelle	Yes	Yes
Cork	No	
Corningware	Yes	No
Crystal	Yes	Yes
Can opener	No	
Cookie cutters	Yes	No
Cooling racks	Yes	No
Crock pot - ceramic insert	Yes	No
Crock pot - metal insert	Yes	Yes
Crock pot glass lid	Yes	Yes
Cutting board: wood plastic metal glass	No No Yes Yes	  Yes Yes
Dish rack	No	
Duralex	Yes	Yes
Earthenware, non glazed	No	
Farberware	Yes	Yes
Food processor	Yes for the metal parts	Yes
Frying pan, with Teflon coating	Yes	Yes
Frying pan, without Teflon coating	Yes	Yes

ITEM	TEVILAH REQUIREMENT	BROCHA REQUIREMENT
George Forman grill	Yes	Yes - see note
Glass	Yes	Yes
Hot plate (metal)	No	
Hot water urn	Yes	Yes - see note
Keurig Machine	Yes	Yes - see note
Meat tenderizer hammer	Yes	No
Meat thermometer	No	
Microwave oven	Yes, only for the glass plate	Yes
Mixer beaters- if used exclusively with not yet edible food (e.g. dough)	Yes	No
Mixer beaters- if to be used at times with already edible food (e.g. ice cream)	Yes	Yes
Oven racks	No	
Plastic	No	
Peeler - if used mainly for foods that are edible	Yes	Yes
Peeler- if used mainly for foods not yet edible	Yes	No
Popcorn maker	Yes	Yes - see note
Porcelain enamel	Yes	No
Pot made of metal	Yes	Yes
Pot made of Teflon-coated metal	Yes	No
Pyrex	Yes	Yes
Rubber	No	
Sandwich maker	Yes	Yes - see note
Stainless steel	Yes	Yes
Styrofoam	No	
Stoneware - glazed	Yes	No
Stoneware - non glazed	No	
Teflon-coated cookware	Yes	Yes
Toaster oven-racks and tray only	Yes	Yes
Urns and kettles	Yes	Yes - see note
Wood	No	

**NOTE:** Most regular items can be immersed without ruining them. The water should be shaken out, and one can use a ladies blow dryer to dry the inside. If one is scared that it will still get ruined, or it has a digital panel, he should give it to a non-Jew to lift up and take possession and then borrow it from him. 

# Rehabbing *the* Body & Soul

*An Interview with R' Shia Neuman*

DIRECTOR OF KASHRUS, MONTEFIORE, BEACHWOOD, OHIO

*How long have you been on staff here at Montefiore?*

I started in 2008. I came on board with food service experience working at Abba's Market & Grill as manager. However, there was a lot more to learn in on-the-job training.

*How would you compare foodservice in a nursing home facility with that of a caterer or restaurant?*

A nursing care facility is much more than just a caterer or restaurant providing meals. Besides providing regular meals, we cater to special dietary needs. We have residents who have congenital heart failure, renal disease, diabetes, dysphasia, just to list a few. All this requires special attention to their diets.

*Can you describe in brief your duties as Director of Kashrus?*

My job description actually includes dietary manager, kashrus supervisor and staff training:

**Dietary Manager** - Each and every resident has a diet order that takes into account their individual condition. Each diet order must be reviewed for accuracy as there is no room for error. Mind you, this is no simple task. We are serving several hundred residents per meal.

**Kashrus Supervisor** - Like any kosher facility, we maintain one kitchen for meat and one for dairy with everything clearly marked. However, that is just the beginning. The dietary department encompasses so much more than just the food prep area. A kosher nursing home facility needs to maintain separate meat/dairy steam tables, microwaves, toasters etc. throughout the whole facility, not to mention dish-wash rooms. In the summer months we need to monitor the outdoor bbq stations. The activities department maintains

their own equipment that also needs monitoring. In short, food service takes place throughout the facility. Wherever it takes place, we need to be there and monitor it.

**Staff Training** - Our interaction encompasses all departments in the facility. Be it nursing, dietary, maintenance, activities - everyone must be sensitized to Jewish dietary laws.

We have created a custom power point presentation to familiarize our incoming staff with Jewish dietary laws. This is done approximately twice a month.

*What is the typical day for the kashrus staff?*

The kitchen opens as early as 6:00 AM. Coolers and freezers containing sensitive kashrus ingredients like meat, fish and poultry need to be unlocked. How cooking equipment powers up is of utmost importance in order to comply with the laws of

bishul akum. Equipment that does not have a standing pilot needs to be powered up by a member of the kashrus staff. The facility has mini kitchens or pantries on every wing and floor. These need to be inspected and microwaves need to be unlocked for breakfast. Dietary staff starts to prepare all food carts that will transport food to all corners of the facility. We need to make certain they are pulling the right ingredients for the first meal. The chefs have already started up the second kitchen for lunch or dinner. We check the menu to get an idea of what will be prepared that day and what ingredients need to be pulled. That same vigilance continues throughout the whole workday. We are constantly monitoring.

*Is every day the same routine schedule?*

Not at all. We receive food deliveries several times throughout the week, delivered by the pallet load. Before being put into



**R' Shia Neuman with Seth Vilensky, CEO Montefiore and Keith Childers, Director of Foodservice**



stock rotation, everything must be inspected and approved. Leafy vegetables will require special prep to comply with the laws of b'dikas tolaim. New utensils require dipping in the mikvah. New kitchen utensils will require the additional step of properly marking them meat/dairy. Any meat/dairy utensils that got mixed up may require re-kashering. Even as the day winds down we need to be mindful of how we leave the dietary department. For one, the kitchen and pantries need to be secured for the evening. Also, meat sandwich snacks are left in the individual pantries for residents to snack on. They need to be properly marked and sealed for kashrus.

*How do you staff such a facility for its kashrus?*

Good question. The residents live here. Thus, the kitchen is open 365 days a year. Like any hotel kitchen, any time the kitchen is open there needs to be a kosher supervisor on duty at all times. That means someone needs to be on duty Shabbos, Yom Kippur, Pesach Seder night, Sukkos, etc. I think of our staff sometimes as the lone soldiers on the front. They really go the extra mile to serve the community.

*Now that Pesach is around the corner, may I dare ask how you prepare for Pesach?*

Planning is at the heart of a successful Pesach program. We are a nursing care facility. We must meet nutrition requirements while adhering to the laws of Pesach. Pesach preparation actually starts months in advance. Food orders must be in early enough to meet special production schedules at processing plants. Deep cleaning of equipment takes place in the weeks leading up to the days of actual kashering. Kashering itself can take in excess of 100 man-hours. Mind you that during the period of kashering food service needs to continue unabated. It is a very intense process requiring a lot of detailed planning that has to be flawlessly executed.

*No pun intended but it seems you have a lot on your plate.*

I do. However, it is a team effort and I have a good team. Administration at Montefiore has been very supportive of the kashrus program and that trickles down to staff. We have a good rapport with all departments within the facility. We are constantly training and educating.

*Any final thoughts?*

The job can be very demanding. However, when I see the appreciation family members have, knowing that they have a kosher facility here in the community, it gives me a sense of satisfaction. As an added bonus, we kibbitz with the residents as we go through the facility. Bonding with them and getting them to smile is a most rewarding experience. These personal relationships let the residents know that we care about them as individuals, giving them a sense of importance and value – and that makes all our work worthwhile. 🍷

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# Know your קטניות - Beans

**Rabbi Shimon Gutman**

*Kashrus Administrator*

**T**here are many customs that permeate the Yom Tov of Pesach. One that seems to affect the plate and palate is the custom of not eating legumes or קטניות.

**Origins of Custom** – The custom dates back to the Gaonim era with the following reasons: Chometz grains and kitniyos were processed in close proximity. There was the possibility of chometz grain being mixed inadvertently into the kitniyos grain. Another reason suggested is, if corn flour or rice flour were permitted some people might confuse it for wheat flour and permit that also. Although the custom was only accepted in Ashkenazic communities, there are important ramifications that apply to those of Sephardic origin as well. Rice may be fortified with vitamins that contain chometz. Corn syrup may contain enzymes that were grown on chometz.

**What is Forbidden** – Kitniyos and their direct derivatives are forbidden for oral consumption by a healthy person. However, it is permitted to benefit from kitniyos on Pesach i.e. using the oil as a fuel for light or heat. Also, it is permitted for oral consumption by the ill and infirm, provided that separate utensils are used.

**Kitniyos Shenishtanu** – There are a number of ingredients that are derived from kitniyos. Some, such as soybean oil are direct derivatives while others such as citric acid, ascorbic acid, aspartame, sodium erythorbate and xanthan gum are more distant derivatives. According to most opinions, Kitniyos based oils are considered a kitniyos product and are not permitted for Pesach use (see Maharsham 1:183 for a dissenting opinion).

Aspartame on the other hand goes through a complete transformation from its original state of corn. The halachic background for this distinction is based on the Rosh (Brochos 6:35) and Rabbeinu Yonah. There was a certain scent used in cooking that was derived from the gland of a non-kosher animal. Rabbeinu Yonah permitted its use, as there was a complete transformation from its original state as a gland. The Rosh on the other hand considered the transformation to be non-consequential and therefore ruled that the scent remained forbidden as before. The general consensus (Mishna Brurah 216:7) among the poskim is to be stringent when an ingredient involves an issur Torah and to be lenient when the ingredient involves an issur D'Rabbonon. Some poskim therefore permit kitniyos based ingredients that have gone through such a transformation. Others rule that the transformation only permits usage *b'dieved*, not *l'chatchila*. It's important to note that most of these ingredients can be produced special for Pesach without getting involved in kitniyos at all.

The following items are either kitniyos, kitniyos shenishtanu or spices that are customarily not used by some people:

Alfalfa  
Anise\*  
Ascorbic Acid\*\*  
Bean Sprouts  
BHT, BHA in corn oil  
Buckwheat  
Canola Oil  
Caraway Seeds\*  
Chickpeas  
Citric Acid\*\*  
Coriander\*

Corn  
Cumin\*  
Dextrose\*\*  
Dill Seeds\*  
Fennel Seed\*  
Fenugreek  
Glucose  
Green Bean  
Lecithin  
Lentils  
Malto Dextrin\*\*

Millet  
Mustard Seed  
Navy Beans  
Peanuts  
Peas  
Pinto Beans  
Poppy Seeds  
Rapeseed Oil  
Rice\*\*  
Sesame Seeds  
Snow peas

Soybeans  
Sugar Snap-Peas  
Sunflower Seeds  
Tofu

\* There are different customs pertaining to spices. Those who use these spices, should only purchase them with reliable certification.

\*\* These items may sometimes have a chometz issue.





# KITNIYOS: USING IT ON PESACH

Rabbi Avrohom Miller

**T**here is a well-known difference in Minhagim regarding the consumption of Kitniyos on Pesach. In order to safeguard against the possibility of eating Chametz, Ashkenazic Jewry follows the Rema's Psak, which forbids the eating of Kitniyos. Jews of Sephardic descent, however, follow the Beis Yosef, who permits Kitniyos on Pesach (see Mishna Berura 453:6 for the reasons behind this custom).

Since Kitniyos is not Chametz, one does not have to sell it, and one may derive benefit from it, such as using it for pet food. In the case of medications, corn starch is a common binder used in pills, but due to the medical need involved, ingesting them is permitted.

Many Pesach guides, when discussing the issue of paper towel rolls, recommend that the first three sheets and the last sheet attached to the cardboard should not come into direct contact with food, since a corn starch based glue may be used. However, Harav Y. Belsky felt that one may place food directly on the paper towel. Shulchan Aruch (O.C. 453,1) says that one can use a lamp filled with Kitniyos oil even though some oil will inevitably fall into the food. Also, in the case of the paper towels, it has never been confirmed that any starch from the paper towel leaks into the food, since it is so firmly bonded to the paper towel.

When necessary, one may cook Kitniyos for a Choleh. Most Poskim require using separate utensils when

preparing the Kitniyos. The cooking, however, can be done on the regular stovetop. If anything spills from the pot onto the burner, it can just be wiped up. Even if one forgot and used the "Kitniyos pot" for regular Pesach food, everyone is permitted to eat the food. As mentioned previously, if some Kitniyos drips into food, it may still be eaten; this certainly holds true when it is just the pot used for cooking Kitniyos being used.

If the Kitniyos pot has not been used for twenty four hours (אינו בן יומו), would it be permitted for use for regular Pesach food? There are divergent opinions on this matter. Some permit this without reservation. The reason a dairy pot can't be used for meat even when אינו בן יומו is because one might forget and use it before twenty four hours are up. In this situation, even if by mistake one did this, the food would be permitted. Therefore it should be permitted to use it when אינו בן יומו.

Some Poskim permit this only in very limited circumstances. Others would require Kashering the utensil before using. Harav Belsky ruled that since the Minhag of not eating Kitniyos has become so well established for all Ashkenazim, one is required to Kasher that utensil before using it for Pesach food.

Based on all of the above, the following situations provide some food for thought:

- If one is invited to eat at a Sephardic neighbor, can he eat there as long as he does not



partake of the Kitniyos? Should he ascertain if the pot was אינו בן יומו, or maybe he doesn't have to ask?

- The Sephardic neighbor asks to borrow a pot. Can one lend it and just wait until it is אינו בן יומו before using it?
- A caterer needs to cook Kitniyos before Pesach for a customer. Does the Pesach utensil require Kashering?
- One wants to cook Kitniyos on Yom Tov for his Sephardic neighbor and send it over that day. Is he allowed to cook it?

Rema (527,20) Paskens that one who is fasting may not cook on Yom Tov for others. Since cooking for himself is not a Yom Tov need, he is not permitted to cook at all. Here, too, since the cook can't partake of the Kitniyos, it should also be prohibited to cook for others.

For the answer to all of these questions, consult your Rav. 📖





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# Passover Foods for your Pets



**O**n Pesach a Jewish person may not eat, own, or derive benefit from chometz which is fit for human or canine consumption. Owning chometz pet food to feed to an animal (even if the animal belongs to someone else or is ownerless) is a violation of the latter two of those restrictions. Although there are certain leniencies for foods that are not fit for human consumption, most modern day pet food would not be in that category. The food may be raw, or prepared in a way that most people would not entertain eating it. However, that does not put it in the halachic category of nifsal m'achilas adam – not fit for human consumption. While Ashkenazic Jews have a custom to not eat kitnios, they may own and derive benefit from them. If no certified (or recommended) pet food is available, the consumer would have to carefully read the ingredient panel to determine whether a specific product contains any chometz (and many, in fact, do).

A complete list of possible pet food ingredients is beyond the scope of this guide. However the following are a few pointers when reading the ingredient panel. If an ingredient does not appear in the following guidelines, it may still be chometz or chometz-sensitive.

**1.** In addition to checking for the five chometz grains – wheat, barley, rye, oats, and spelt – also look for brewer's yeast (a common flavoring agent, which is chometz), malt (a barley-based sweetener), pasta, xanthan gum (a thickener which may be fermented from chometz), and other generic terms which may refer to a chometz ingredient (e.g. flour, gluten, middlings, starch, et al).

**2.** Many varieties of animal feed contain a multitude of vitamins, minerals, and amino acids, some of which may well be chometz, and there is no realistic way for a consumer to determine which of them are problematic. However, the good news is that vitamins comprise such a small percentage of the animal food that they are batel. Therefore, it is generally accepted that if the animal food was created before Passover, it may be used on Passover.

**3.** Some common ingredients used in pet food which do not pose a Pesach concern are:

- a. Animal, poultry and fish products.
- b. Vegetables, such as alfalfa, asparagus, beets, and carrots.
- c. Assorted kitniyos foods, such as buckwheat, corn products, lentils, millet, peas, rice, peanuts, sunflower seeds, and soy products.
- d. Other items, such as barley grass, BHA, BHT, carrageenan, cellulose, colors, eggs, gums (other than xanthan gum), kelp, lactose, linseed, milk products, molasses, oils, psyllium, and whey.

By no means do these pointers cover all of the ingredients used in pet food, and we suggest that you contact a kashrus professional if you are unsure about any of the other ingredients in a given pet food.

A product listing both meat and dairy ingredients may not be used any time during the year. Feed available at zoos is often chometz and should not be purchased or fed to the animals on Passover. After Passover, pet food with chometz may be purchased only from stores which are non-Jewish owned (e.g. PetSmart, Petco) or Jewish owned and have sold their chometz.

**NOTE:** It is advisable to mix regular and Passover food together one to two weeks before Passover before switching completely to Passover food. The ratio of regular and Passover food should be changed slowly to get the animal used to the new diet. Check with your veterinarian before changing diet.

One may feed his pet any of the following items:

**CATS:** Beef Consumers are urged to check all labels for chometz and/or chometz-sensitive ingredients as listed in the introductory paragraph above.

**DOGS:** Consumers are urged to check all labels for chometz and/or chometz sensitive ingredients as listed in the introductory paragraph above.

**FISH:** Fish food, including pyramid feeders, and vacation blocks often have chometz. Goldfish and tropical fish can be given tubular worms, frozen brine shrimp, and freeze-dried worms (if they do not contain fillers).

## **BIRDS:**

**Finches, parakeets and cockatiels:** Millet and canary grass seed as main diet

**Canaries:** Canary grass seed and rape seed

**Parrots:** Safflower seeds and sunflower seeds

Birds enjoy variety. You can provide this for larger birds, such as parrots, with pure alfalfa pellets (make sure it is pure alfalfa, since it is common to add grains). Smaller birds can also eat pure alfalfa pellets. For them, crush before feeding.

One can supplement the diet with sliced grapes, berries, or canned baby fruits. All large food should be shredded before serving. These items should be given sparingly. For minerals, one may use oyster shells (calcium) or a mineral block, such as Kaytee Tropical Fruit Mineral Block Treat.

## **SMALL MAMMALS:**

**Gerbils:** Millet, sunflower seeds, safflower seeds

**Hamsters:** Sunflower seeds, potatoes, small amount of greens and vegetables; can supplement with grapes, apples, melon and oranges. If not accustomed to these items, give sparingly.



**Guinea Pigs, Rabbits, and Chinchillas:** Timothy hay, greens, and vegetables; can supplement with grapes, apples, melon and oranges. If not accustomed to these items, give sparingly. Guinea pigs will especially benefit from kale, parsley, and oranges, in sparing amounts. The orange will supply needed vitamin C to their Pesach diet.

**Mice and rats:** Sunflower seeds, greens, vegetables, and potatoes

#### REPTILES AND AMPHIBIANS:

**Iguanas, Tortoises, and Turtles:** Greens and vegetables; turtles can also have small amounts of raw chicken or cut-up earthworms

**Anoles, Bearded Dragons, Small Lizards, Dart Frogs, and Tree Frogs:** Crickets

**Snakes:** If possible, schedule this as a non-feeding week

**Dwarf Aquatic Frogs:** Tubifex worms or blackworms

**Newts:** Tubifex worms, bloodworms, or blackworms

Be aware that mealworms, which as living creatures are not chametz, are commonly sold in a bed of wheat flakes or oatmeal, which is chametz and, therefore, may not be owned or used on Pesach.

Live crickets should be gut-fed on bits of potato and vegetable 24 hours before feeding to lizards, to enhance their nutrition for the lizard. Whole insects (live or dead) with no additives or other ingredients are permissible. 🐛



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# ONE GOOD DRINK

Rabbi Shimon Gutman

**I**f you've ever gone clothing shopping, you'll notice that the stores are always one season ahead. At the Vaad Hakashrus it's the same. We are already planning for after Pesach. Specifically, where the consumer may buy chometz after Pesach. Today we will discuss the purchase of whiskey after Pesach. Here in the Buckeye State, all liquor and whiskey sales are controlled by the Ohio Liquor Control Commission. What does that have to do with our post Pesach preparations? Let's explain.

Bottled whiskey is sold in two ways:

- In free standing state liquor stores
- In supermarket in-store liquor stores

In the scenario of the free standing store, the state owns the entire operation. In the supermarket scenario, the supermarket owns the operation and the state pays a commission to the store on all whiskey sales. In either case, the state owns the whiskey until it is sold. Pertaining to buying whiskey after Pesach, it is permitted to buy whiskey after Pesach from a free-standing store without hesitation. Likewise, it is permitted to buy whiskey from a supermarket that is non-Jewish owned.

However, what are the ramifications of a supermarket that is Jewish owned? Does the ownership extend to the whiskey products on the shelves in the store? Would that ownership create a chometz after Pesach issue?

To answer these questions, first a little halachic background.


- If a non-Jew deposits his chometz for safekeeping in the house of a Jew and the Jew accepts responsibility for any losses, it would be considered as if the chometz belonged to the Jew. He would be required to dispose of the chometz before Pesach. If he did not, it would be considered like chometz in the possession of a Jew during Pesach and would be forbidden after Pesach.\*
- What if the Jew gave the non-Jew a designated area in his house to place the chometz? There are differing opinions. There are those who still consider it to be in the possession of the Jew. However, there is a lenient opinion that considers the designated area as the house of the non-Jew, and therefore the chometz is no longer in the possession of the Jew.\*\*

Next, a little background of the contract that exists between the store and the Ohio Liquor Commission. The contract establishes three facts:

- The whiskey remains the property of the Ohio Liquor Commission until sold.
- The store is liable for certain losses and damages that occur while the merchandise is their possession.

- The store must designate a secure area for the merchandise to be stored and shelved prior to sale.

Bringing it all together, the Jewish owned supermarket is responsible for any losses that may occur while the whiskey is in its possession. This makes them somewhat of an owner of the chometz. On the other hand, the requirement to have a designated area in the store subjects this to differing opinions as to whether it is still considered the chometz of a Jew. According to one opinion, it is considered to be in the possession of the non-Jew.

Based on these facts, if the supermarket had a proper Mechiras Chometz, the whiskey would be permitted. If the Mechiras Chometz was lacking, it would be preferable to avoid purchasing liquor in such a store. If a person already bought the whiskey and cannot return it, it would seem they have what to rely on. 

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# Pesach RECIPES



## Zucchini/Cream of Chicken Soup

- 2 onions
- 3-4 garlic cubes
- 5-6 zucchinis
- 2 bags of chicken bones
- 1 T salt
- 2 large chicken cutlets

Sauté onions with garlic. Add cubed zucchini. Sauté for around 20 minutes. Add chicken bones and salt. Cover with water and simmer for 2 hours. Add chicken cutlets and cook for 20 minutes. Remove bones and chicken cutlets. Blend soup. Cut chicken into bite-size pieces and place back into soup. Freezes beautifully.



## Purple Cabbage Salad

- 1 bag of purple cabbage
- 1 bag of green cabbage
- 1 red onion
- Toasted slivered almonds

Dressing:  
¼ cup oil  
1/3 cup sugar  
Sprinkle salt and pepper  
½ T vinegar





## Sweet Chicken

chicken bottoms (skin on)  
garlic powder  
paprika

### Sauce:

1 cup duck sauce  
4 T ketchup  
2-3 T brown sugar  
1-2 T hot water

Season chicken with garlic powder and paprika. Broil uncovered for around 10 minutes. Remove from oven. Mix sauce and pour over chicken.

Bake uncovered at 350 for 1 hour.



## Scalloped Potatoes

6 T margarine  
2 onions  
 $\frac{1}{4}$  -  $\frac{1}{2}$  cup potato starch  
 $\frac{1}{2}$  cup mayonnaise  
 $\frac{1}{2}$  tsp salt  
3  $\frac{1}{2}$  cups chicken stock  
9 potatoes sliced

Melt margarine. Add onions and sauté. Add potato starch and mix well. Add mayonnaise and salt. Add chicken stock. Cook until thick.

Pour a layer of sauce on the bottom of pan. Add potatoes in a single layer and sprinkle with salt and pepper. Repeat layers until potatoes are used up.

Bake covered at 350 for 1 hour. Uncover and bake for another half hour.





## Vegetable Kishka

### **Blend:**

2 stalks celery  
1 carrot  
1 onion

### **Mix in with Spoon:**

$\frac{3}{4}$  cup potato starch  
 $\frac{1}{2}$  cup oil  
 $\frac{1}{4}$  tsp pepper  
 $\frac{3}{4}$  tsp salt  
 $\frac{1}{2}$  tsp paprika

Roll up in silver foil.

Bake for 1 hour or place in cholent raw.



## Strawberry Ices

1 bag of frozen strawberries  
2 eggs  
1  $\frac{1}{2}$  cups sugar  
1 cup oil  
2 drops lemon juice

Blend all items together in food processor and freeze. Thaw before serving.



# Chol Hamoed Trips

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African Safari Wildlife Park  
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Akron Zoo  
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Amazone  
330-764-4237

Botanical Gardens  
216-721-1600

Century Cycles  
330-657-2209

Chuck E. Cheese's  
440-684-1110

Cleveland Metroparks Zoo  
and Rainforest  
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Cosi, Science Center  
(Columbus)  
614-228-2674

Fun 'N' Stuff  
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Get Air  
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Great Lakes Science  
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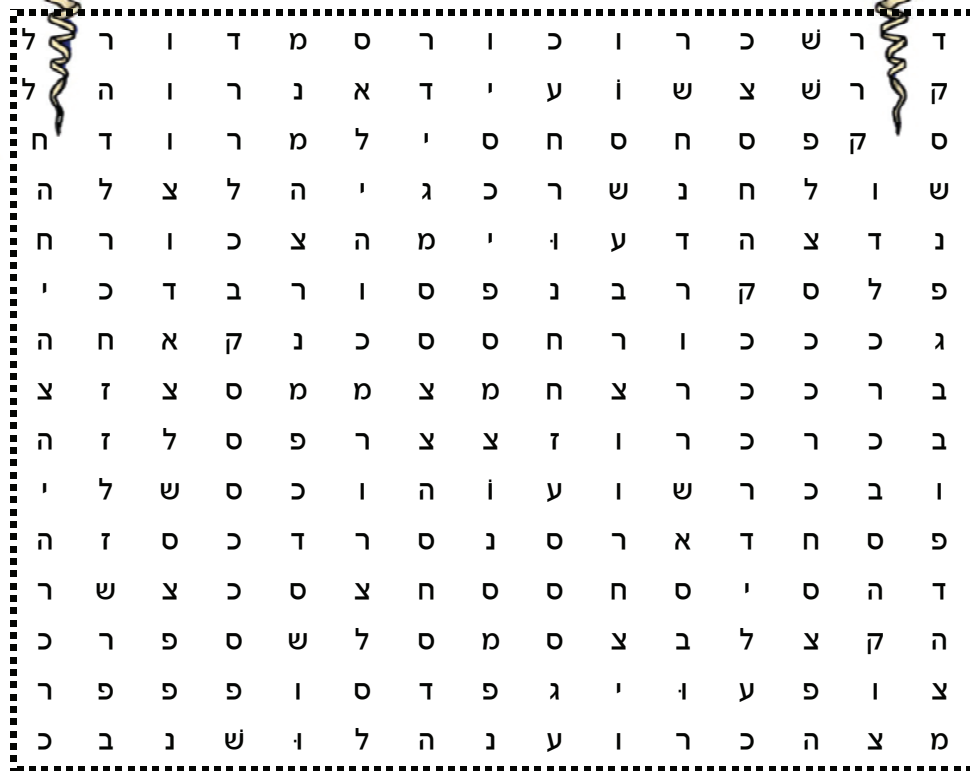
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# בדיקת חמץ List

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3			
4			
5			
6			
7			
8			
9			
10			



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The following establishments are certified by Cleveland Kosher\*

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Restaurant, Take-out  
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14483 Cedar Rd  
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(216) 465-1009  
www.arovacleveland.com

## The Bagel Shoppe

Breakfast Menu, Lunch Menu  
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South Euclid, Ohio  
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## Grand Coffee

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## Issi's Place

Pizza Restaurant  
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South Euclid, Ohio  
(216) 291-9600  
www.issisplace.com

## Jade Chinese Restaurant

Restaurant, Take-out  
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\* For a list of other eateries,  
please contact our office

## Purchasing Chometz After Pesach

The following list pertains to purchasing chometz immediately after Pesach  
from a Jewish owned establishment that did not perform a proper sale of their chometz.

Barley	Permitted
Beer	Not Permitted
Couscous	Not Permitted
Flour	Permitted
Ketchup	Permitted
Malt Extract	Not Permitted
Mayonnaise	Permitted
Modified Food Starch MFS (If source unspecified)	Permitted
Mustard	Permitted

Oatmeal	Not Permitted
Pasta	Not Permitted
Pickles	Permitted
Rolled Oats	Not Permitted
Salad Dressing	Permitted
Vinegar (If source unspecified)	Permitted
Wheat Bran	Not Permitted
Wheat Germ	Not Permitted
Yeast, Baker's	Permitted
Yeast, Brewer's	Not Permitted



# Guidelines on Buying Food Before & After Pesach

Jewish grocers, bakers and other food merchants who deal in *chometz* must sell their *chometz* before Pesach. **If they fail to do so, these *chometz* products are forbidden even after Pesach.** In such an event, purchases of *chometz* goods should not be made for the period of time it normally takes for complete replenishment of such stock. It is therefore preferable when purchasing from a Jewish merchant to deal with a proprietor who is known to have sold his *chometz* before Pesach, and who sells no *chometz* during the holiday. The prohibition against *chometz* applies to all products prepared or baked during Pesach. This means that you may not purchase bread after Pesach if baked by a Jewish-owned firm during Pesach. Please check with your Rabbi when you may resume purchasing products from that establishment.

The following stores are acceptable for purchasing *chometz* immediately after Pesach:

Aldi  
BJ's  
Costco  
CVS  
Dave's Market \*\*  
Dollar Tree  
GFS  
Heinen's \*  
Marc's \*  
Sam's Club  
Save A Lot  
Target  
Trader Joe's  
Walgreens  
Walmart (South Euclid)\*  
Whole Foods  
Zagara's \*

\*The kosher aisle in these stores is stocked through a Jewish owned distributor who participates in a Mechiras Chometz of the business. Please consult your Rabbi for further information.

\*\* This store, which is Jewish owned participates in a Mechiras Chometz of the business. Please consult your Rabbi for further information.

Our current information is that Vienna Distributing will not participate in a Mechiras Chometz this year.

All local certified shomer Shabbos establishments are acceptable for the purchase of *chometz* immediately after Pesach.

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היום שני ימים בעומר	י"ז ניסן	Fri Eve	4/10/2020	2
היום שלשה ימים בעומר	י"ח ניסן	Sat Eve	4/11/2020	3
היום ארבעה ימים בעומר	י"ט ניסן	Sun Eve	4/12/2020	4
היום חמשה ימים בעומר	כ' ניסן	Mon Eve	4/13/2020	5
היום ששה ימים בעומר	כ"א ניסן	Tues Eve	4/14/2020	6
היום שבעה ימים שהם שבוע אחד בעומר	כ"ב ניסן	Wed Eve	4/15/2020	7
היום שמונה ימים שהם שבוע אחד ויום אחד, בעומר	כ"ג ניסן	Thur Eve	4/16/2020	8
היום תשעה ימים שהם שבוע אחד ושני ימים, בעומר	כ"ד ניסן	Fri Eve	4/17/2020	9
היום עשרה ימים שהם שבוע אחד ושלשה ימים, בעומר	כ"ה ניסן	Sat Eve	4/18/2020	10
היום אחד עשר יום שהם שבוע אחד וארבעה ימים, בעומר	כ"ו ניסן	Sun Eve	4/19/2020	11
היום שנים עשר יום שהם שבוע אחד וחמשה ימים, בעומר	כ"ז ניסן	Mon Eve	4/20/2020	12
היום שלשה עשר יום שהם שבוע אחד וששה ימים, בעומר	כ"ח ניסן	Tues Eve	4/21/2020	13
היום ארבעה עשר יום שהם שני שבועות, בעומר	כ"ט ניסן	Wed Eve	4/22/2020	14
היום חמשה עשר יום שהם שני שבועות ויום אחד, בעומר	ל' ניסן	Thur Eve	4/23/2020	15
היום ששה עשר יום שהם שני שבועות ושני ימים, בעומר	א' אייר	Fri Eve	4/24/2020	16
היום שבעה עשר יום שהם שני שבועות ושלשה ימים, בעומר	ב' אייר	Sat Eve	4/25/2020	17
היום שמונה עשר יום שהם שני שבועות וארבעה ימים, בעומר	ג' אייר	Sun Eve	4/26/2020	18
היום תשעה עשר יום שהם שני שבועות וחמשה ימים, בעומר	ד' אייר	Mon Eve	4/27/2020	19
היום עשרים יום שהם שני שבועות וששה ימים, בעומר	ה' אייר	Tues Eve	4/28/2020	20
היום אחד ועשרים יום שהם שלשה שבועות, בעומר	ו' אייר	Wed Eve	4/29/2020	21
היום שנים ועשרים יום שהם שלשה שבועות ויום אחד, בעומר	ז' אייר	Thur Eve	4/30/2020	22
היום שלשה ועשרים יום שהם שלשה שבועות ושני ימים, בעומר	ח' אייר	Fri Eve	5/1/2020	23
היום ארבעה ועשרים יום שהם שלשה שבועות ושלשה ימים, בעומר	ט' אייר	Sat Eve	5/2/2020	24
היום חמשה ועשרים יום שהם שלשה שבועות וארבעה ימים, בעומר	י' אייר	Sun Eve	5/3/2020	25
היום ששה ועשרים יום שהם שלשה שבועות וחמשה ימים, בעומר	י"א אייר	Mon Eve	5/4/2020	26
היום שבעה ועשרים יום שהם שלשה שבועות וששה ימים, בעומר	י"ב אייר	Tues Eve	5/5/2020	27
היום שמונה ועשרים יום שהם ארבעה שבועות, בעומר	י"ג אייר	Wed Eve	5/6/2020	28
היום תשעה ועשרים יום שהם ארבעה שבועות ויום אחד, בעומר	י"ד אייר	Thur Eve	5/7/2020	29
היום שלשים יום שהם ארבעה שבועות ושני ימים, בעומר	ט"ו אייר	Fri Eve	5/8/2020	30
היום אחד ושלשים יום שהם ארבעה שבועות ושלשה ימים, בעומר	ט"ז אייר	Sat Eve	5/9/2020	31
היום שנים ושלשים יום שהם ארבעה שבועות וארבעה ימים, בעומר	י"ז אייר	Sun Eve	5/10/2020	32
היום שלשה ושלשים יום שהם ארבעה שבועות וחמשה ימים, בעומר	י"ח אייר	Mon Eve	5/11/2020	ל"ג
היום ארבעה ושלשים יום שהם ארבעה שבועות וששה ימים, בעומר	י"ט אייר	Tues Eve	5/12/2020	34
היום חמשה ושלשים יום שהם חמשה שבועות, בעומר	כ' אייר	Wed Eve	5/13/2020	35
היום ששה ושלשים יום שהם חמשה שבועות ויום אחד, בעומר	כ"א אייר	Thur Eve	5/14/2020	36
היום שבעה ושלשים יום שהם חמשה שבועות ושני ימים, בעומר	כ"ב אייר	Fri Eve	5/15/2020	37
היום שמונה ושלשים יום שהם חמשה שבועות ושלשה ימים, בעומר	כ"ג אייר	Sat Eve	5/16/2020	38
היום תשעה ושלשים יום שהם חמשה שבועות וארבעה ימים, בעומר	כ"ד אייר	Sun Eve	5/17/2020	39
היום ארבעים יום שהם חמשה שבועות וחמשה ימים, בעומר	כ"ה אייר	Mon Eve	5/18/2020	40
היום אחד וארבעים יום שהם חמשה שבועות וששה ימים, בעומר	כ"ו אייר	Tues Eve	5/19/2020	41
היום שנים וארבעים יום שהם ששה שבועות, בעומר	כ"ז אייר	Wed Eve	5/20/2020	42
היום שלשה וארבעים יום שהם ששה שבועות ויום אחד, בעומר	כ"ח אייר	Thur Eve	5/21/2020	43
היום ארבעה וארבעים יום שהם ששה שבועות ושני ימים, בעומר	כ"ט אייר	Fri Eve	5/22/2020	44
היום חמשה וארבעים יום שהם ששה שבועות ושלשה ימים, בעומר	א' סיון	Sat Eve	5/23/2020	45
היום ששה וארבעים יום שהם ששה שבועות וארבעה ימים, בעומר	ב' סיון	Sun Eve	5/24/2020	46
היום שבעה וארבעים יום שהם ששה שבועות וחמשה ימים, בעומר	ג' סיון	Mon Eve	5/25/2020	47
היום שמונה וארבעים יום שהם ששה שבועות וששה ימים, בעומר	ד' סיון	Tues Eve	5/26/2020	48
היום תשעה וארבעים יום שהם שבעה שבועות, בעומר	ה' סיון	Wed Eve	5/27/2020	49



# SHIURIM FOR THE SEDER

These measurements take into account several stringencies. In case of need one may rely on those opinions that allow a smaller shiur. Please consult your Rabbi.



STALKS 3" x 5"



MAROR 8" x 10"

GROUND HORSERADISH  
Volume of 1 oz



MATZAH 6.25" x 7"

KORECH & AFIKOMEN 4" x 7"



*Vaad Hakashrus-Cleveland Kosher*

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