Pas Yisroel



During the עשרת ימי תשובה one should be careful to use *pas yisroel* products. The following products are *pas yisroel*:

Brooklyn Bites - cookies, when bearing Tarkitov

Amnon's - pizza

Angel - pita bread - when bearing CRC Hisachdus

Angel's Bakery - all baked goods under Badatz supervision

Beigel's - all baked goods under Badatz supervision

Berman - all baked goods under Badatz supervision

Bloom's - all baked goods under the supervision of Rabbi Teitelbaum, Volover Rav

Carmit - wafers, certified by Badatz Chopsies Pizza - when bearing Star-K Dagim - all products certified under supervision of the CRC Hisachdus

Deebest - crackers, tea biscuits
Dr. Praeger's - Fishies lightly
breaded, fish sticks, fish cakes,
pizza bagels

Emzee - wafers, certified by Rabbi Teitelbaum, Volover Rav

Gedilla - all products certified under supervision of the CRC Hisachdus

Gefen - all baked goods under the supervision of Rabbi Teitelbaum, Volover Rav

Glicks - all products certified under supervision of the CRC Hisachdus Golden Fluff - cookies, animal crack-

Gross - - biscuits, cookies, certified by CRC Hisachdus

Haddar - all baked goods under the supervision of Badatz or the CRC Hisachdus.

Jason - bread crumbs when stating on package pas yisroel

Kedem - tea biscuits, crackers, cookies

Kemach - snackers , when Pas Yisroel is written on the label

Kosherific- crunchy fishsticks
Landau - all baked goods under the
supervision of Rabbi Teitelbaum.

Volover Rav

Lieber's - all baked goods under the
supervision of Rabbi Weismandel,
Nitra Rav

Macabee - pizza, pizza bagels, breaded eggplant, breaded mushroom, mozzarella sticks

Man - wafers

Manamin - wafers

Manumit - wafers, certified by Badatz Manischewitz - matzoh and tam tam products

Meal Mart - chicken nuggets
Mishpacha - all baked goods under
the supervision of Rabbi
Teitelbaum, Nirbater Rav

Mendelsohn's Pizza - certified by Rabbi Gruber

Mon Cuisine - certified by Rabbi Teitelbaum, Volover Rav

Oneg - snacks, when bearing CRC Hisachdus

Osem - all Israeli products certified by the OU & Badatz

Ostreicher - all baked products under the supervision of the New Square Beis Din

Paskesz - all baked goods under the supervision of Rabbi Gruber or Rabbi Westheim

Pressels - when bearing Badatz **Sea Castle Fish Products** - when

bearing the CRC & KAJ

Shindler's Fish Products - when

bearing the hashgacha of the Star-K & Volover Rav

Shibolim - all baked goods under the Badatz cont. on back

Shneider's - all products certified under supervision of the CRC Hisachdus or Rabbi Schneebalg

Shwartz - all products certified under supervision of the CRC Hisachdus

Smackin' Good - potato knishes Stern's - when bearing the CRC Ta'amti – all products under the

supervision of Rabbi Weismandel, Nitra Rav

Tivall - veggie corn bites, veggie corn schnitzel

Tofutti Cuties - when bearing Chof-K

Trader Joe's - chocolate babka, half moon cookies

Tuscanini – all products under supervision of Rabbi Weismandel

Unger's – all products under supervision of the New Square Beis Din

Vegi Chef – all products, when bearing CRC Hisachdus Yossi's Pita - wraps

Please note: Breaded products i.e. fish, chicken nuggets, are usually made with real breading.

Reading the Fine Print

Below is listed some important kashrus designations found on products and their meaning.

MEAT - Product contains meat, requiring the usual wait time between meat/dairy.

MADE w/ MEAT UTENSILS - This designation is usually found on prepared foods of the local take-out. Product should not be eaten together with dairy. However, it would not require a waiting period to eat dairy.

PARVE - Product may be eaten together with meat or dairy.

DAIRY EQUIPMENT (DE) - Usually found on packaged products. Although the item does not contain any dairy ingredients, it was produced on equipment that was used at another time to produce dairy products. Item should not be eaten or drunk together with meat. It may be consumed after meat. (For those who consume cholov yisroel products, consult your Rav as to whether you must be stringent regarding DE designated products also.)

Yoshon News

The following establishments are yoshon:

Grand Coffee - All baked items

Kinneret Pizza - Pizza only, under the supervision of Rabbi Kaplovitz Unger's Bakery - Bakery dept., under the supervision of the Vaad Hakashrus

To subscribe to local yoshon news, send an email to yoshon@clevelandkosher.org and include your name in the email.

To receive kashrus news and alerts send an email to: subscribe@clevelandkosher.org.



Pas Yisroel - The Staple of Life

The Gemara (Avodah Zara 35B) tells us that *chazal* prohibited the bread of a non-jew. The reason for this enactment was out of concern that we engage in eating, drinking and socializing, which may lead to intermarriage and the serving of idolatry. The original enactment forbid all breads, whether from a commercial baker (*pas palter*) or an individual (*pas akum*). Later on, part of that enactment was rescinded. According to *ashkinazim*, the bread of the commercial baker became permitted. However, during שובות ימי תשובה the custom as mentioned in Shulchan Aruch (Chap.473) is to be stringent and to only use commercially baked goods where a Jew participated in the baking process.

Below are some practical points:

- This refers only to items baked from the five grains: wheat, oats, spelt, barley and rye (not rice or corn).
- Pasta products are not considered bread items.
- Breakfast Cereals, Pancakes In order to be considered in the bread family, besides being from the five grains mentioned above, it must have the "form" of bread (צורת הפת). There is a difference of opinion concerning how to categorize these items.
- Cakes, wraps, pies, pretzels and crackers are considered bread family foods.
- Doughnuts This is a cooked dough which retains it's shape. Two opinions are cited in Shulchan Aruch (168:13) as to whether it is still considered a bread product.
- Bread Croutons, Bread Crumbs Are considered bread
- Granola Bars are not considered a bread item according to most opinions.

Visit our website for more information including:

- Dried Fruit, Liquor, Yoshon and Tevilas Keilim lists
 Kashrus information for all CK certified establishments
 - ▶ Recommended kashrus symbols

You can also support Cleveland Kosher by donating on our website.

Beverage List 2019



The following beverages are <u>NOT</u> certified:

Bundaberg Ginger Beer, IZZE, Minute Maid Cherry Limeade, Dad's Root Beer, Mike's Hard Lemonade, Red Bull Cola, Snapple Fruit Punch, Monster Energy Drink, Kellogg's Protein Water, Coke Products including Fanta bottled in Mexico.

Please Note: Reg. & diet are acceptable for any soda listed. This list is for soda produced and bottled in the USA only.

5- Hour Energy Drink - when bearing Star-K

A&W - Cream Soda, Root Beer, Root Beer Ten, Root Beer w/ Aged Vanilla All Sport - when bearing OU America's Choice - when bearing the OU

Aquafina (United States & Canada) Alive Enhance Water

Sparkling - Black Cherry Dragonfruit, Lemon, Lemon Lime, Mango Pineapple, Orange Grapefruit, Peach Berry, Unsweetened Lemon, Unsweetened Lime, Unsweetened Raspberry, Unsweetened Strawberry, White Peach Apricot

Arizona Iced Tea - when bearing the OU

Bai - when bearing the OU **Barq's** - French Vanilla Cream, Red
Cream, Root Beer

Ben & Jerry's Milkshakes-when bearing KD (Dairy-non cholov yisroel) Cherry Garcia, Chocolate Fudge Brownie, Chunky Monkey Milkshake **Big Red** - Black Cherry, Blue, Cola, Lemon Lime, Orange, Peach, Pineapple, Red, Red Diet Caffeine free, Red Float, Root Beer

Bubly Sparkling Water - Lime (Fountain), Orange (Fountain), Raspberry (Fountain), Apple, Blackberry, Cherry, Cranberry, Grapefruit, Lemon, Lime, Mango, Orange, Peach, Pineapple, Raspberry, Strawberry, Watermelon Canada Dry

Ginger Ale - Original, Blackberry, Cranberry, Ginger Ale 60, Green Tea, Lemonade, Orangeade, Ten Seltzer & Soda - Apple, Cranberry-Lime, Bitter Lemon, Black Cherry Wishniak, Cheerful Cherry, Ginger Beer, Club Soda, Club Soda-Lemon Lime, Club Soda-Sodium Free, Grapefruit, Green Tea, Island Lime, Lemon Lime Twist, Lemon Sour, Manadrin Orange, Orange, Tonic Twist, Tonic Water, Triple Berry, Peach, Peach Mango, Pineapple, Raspberry, Refreshing Raspberry, Vanilla Cream, Watermelon, Wild Cherry, Pomegranate Cherry

Citrus Blast

Citrus Hill - Apple, Cranberry, Fruit Punch, Grapefruit, Lemonade Sour, Orange, Pineapple, Pink Lemonade Club Soda - Any unflavored Clear Choice - When bearing the OU Cobra Energy Drink - When bearing the OU

Coca Cola (United States & Canada - not Mexico)

Coke Plus, Caffeine Free, California Raspberry, Classic, Cherry Coke, Lemon Coke, Lime Coke, Vanilla Coke, Coke Zero, Vanilla Zero, Cherry Zero, Diet Cherry Frost, Georgia Peach, Life, C2, Black Cherry Vanilla, Blueberry Acai Diet Coke, Feisty Cherry, Ginger Lime, Orange Vanilla Coke, Orange Vanilla Coke Zero, Strawberry Guava, Twisted Mango, Zesty Blood Orange, Coke w/ Stevia, VIO (Dairy)

Cotton Club - when bearing the OU Country Time - (liquid) Pink, Regular, Light Lemonade, Lemon Tea, Strawberry Lemon; (powder) when bearing OK.

Crush - Banana, Berry Punch, Birch Beer, Blue Raspberry, Cherry, Cream Soda Red, Cream Soda White, Fruity Red, Grape, Lime, Orange, Peach, Pineapple, Red Licorice, Strawberry, Watermelon

Crystal Light - when bearing the OK Dasani - when bearing the OU Diet Rite - Caffeine Free, Cherry Cola, Cola, Golden Peach, Kiwi Strawberry, Red Raspberry, Tangerine, White Grape

Dole Juices - when bearing 'K' or 'Ches-K'

Dole Sparklers - when bearing 'K' or 'Ches-K'

Dr. Brown's - when bearing a Kof-K **Dr. Pepper** - Regular, Cherry Vanilla, Cherry, Dark Berry, Pepper Ten, Vanilla, Vanilla Float

Fanta (United States & Canada - not Mexico)

Apple, Banana, Banana Split (Dairy), Berry, Berry Blue, Birch Beer, Blue Cherry, Blue Raspberry, Blue Vanilla (Dairy), Cherry, Ginger Ale, Grape, Grapefruit, Kiwi Strawberry, Lemonade, Mandarine Tangarine, Orange, Orange Cream, Pineapple, Red Licorice, Select (Low Cal), Super Sour Apple, Super Sour Watermelon, Strawberry, Super Sour Cherry, Vanilla, White Cherry, Wild Cherry, Yellow Cherry

Faygo - when bearing the OU Food Club - when bearing the OU Frapuccino - (Starbucks) when bearing KD (dairy, non-cholov yisroel)

Fresca - Regular, Peach, Black Cherry

Fruitopia - Strawberry Passion Awareness Full Throttle - when bearing the OU
Fuze - When bearing the OU. Fuze
Refresh products are Dairy
Gatorade - when bearing the OU
Giant Eagle - when bearing the OU
Glaceau - when bearing the OU
Gold Peak - Black Tea, Green Tea
H2Oh! - Plain, Berry, Lemon-Lime,
Orange

Hawaiian Punch - certified in the following size containers only: 12 oz. can, 20 oz. bottle, 24 oz. bottle, 2 liter bottle - Aloha Morning Mix Berry, Aloha Morning Cloud, Aloha Morning Orange, Aloha Morning Strawberry, Berry Blue Typhoon, Berry Bonkers, Berry Lime Blast, Fruit Juicy Red, Green Berry Rush, Lemon Berry Squeeze, Lemonade, Lemon Lime, Lemon Lime Splash, Orange, Pink Punchy Lemonade, Polar Blast, Whitewater Wave Hires - Root Beer IBC - Black Cherry, Cream Soda, Cherry Limeade, Root Beer Icee Slushies - when bearing the OU on the concentrate box Jolt - when bearing the OU Kool Aid - when bearing the OK Lipton, Lipton Pure Leaf Iced Tea & Brisk - Certified as kosher even

the label.

Market District - when bearing the OU

without any kosher certification on

Mello Yello - Cherry, Citrus Lime Mist Twst (United States & Canada ONLY)

Cherry Lime, Cranberry, Lemon Lime
Mr. Pibb - Mr. Pibb, Pibb xtra
Mott's - when bearing OK
Mountain Dew - all varieties
acceptable

Mountain Dew Kick Start - All labels bearing a "K" or with "XG" in the code are acceptable even without a kosher certification on the label. Mug (United States & Canada) Cream Soda, Root Beer Multi-Vitamin Water - only when bearing the OU Nature's Basket - when bearing the OU

Nestea Iced Tea - Cool Iced Tea, Lemon, Peach, Premium, Raspberry, Southern Style, Sweeteneed, Unsweetened

Nestle Pure Life Flavored Water -When bearing the OU

NOS Energy Drink - When bearing the OU (Powershot is NOT kosher certified)

Patio - Red Cherry, Ginger Ale Pepsi - All cola varieties acceptable Powerade - when bearing the OU Propel - Berry, Grape, Strawberry Kiwi

Propel Zero - Berry, Blackberry, Blueberry Pomegranate, Grape, Kiwi Strawberry, Lemon, Peach RC Cola - Cola, Cherry Cola, Ten Rockstar Energy Drink - When bearing the OU

Schweppes

Ginger Ale - Regular, Black Cherry, Cranberry Raspberry, Raspberry, Dry Grape

Seltzer & Soda - Black Cherry, Blackberry Seltzer, Blueberry Peach, Club Soda, Club Soda Sodium Free, Cranberry Lime, Cranberry Raspberry, Dark Ginger Ale, Orange, Pomegranate, Raspberry Lime, Sparkling Pink Grapefruit, Sparkling Strawberry Mango, Tonic Water

Seagrams

Ginger Ale - Original, Cherry, Lime, Orange, Raspberry, Vanilla Seltzer - Original, Blackberry, Raspberry, Key Lime, Orange Citrus Tonic Water

Seltzer- All unflavored seltzer does

not require a certification.
7-UP - Regular, 7UP 60, 7UP Ten,
All Natural, Cherry, Lemon Lemon
Core, Lemon Lemon Cucumber Mint,
Lemon Lemon White Peach, Pomegranate, Tropical

Shasta - when bearing the OU **'Simply' Brand Juices** - When bearing the OU

Slice - Berry, Grape, Orange, Red Slurpees - The vaad actively certifies the following location: Speedway (Cedar & Green.) Acceptable flavors are posted on sign.

Slush Puppie - Consumers must check each box of concentrate for a reliable certification. Tropical Punch is DAIRY.

Snapple - when bearing the OK

SoBe - Citrus Energy, Crangrapefruit Mango Mandarin, Pacific Coconut Pomegranate Nectarine Sprite (United States & Canada only) All including the new Blast and Cranberry (Regular and Zero) Squirt - Citrus Power, Diet Squirt,

Regular, Ruby Red
Starbucks - Bottled & canned
beverages are Kosher Dairy (noncholov yisroel), when bearing a KD
or Ches-K symbol. Not all flavors
are kosher.

Steaz - when bearing the OU
Stewart's - when bearing the OU
Sunkist - Cherry Limeade, Citrus
Fusion, Orange, Sparking Lemonade,
Lemonade (non-carbonated,) Fruit
Punch, Grape, Peach, Pineapple,
Pink Lemonade (non-carbonated,)
Solar Fusion, Strawberry,
Strawberry Lemonade, Sunkist Ten
Tab - when bearing OU

Tahitian Treat - Fruit Punch, Lemonade, Pink Lemonade
Tazo Tea - when bearing KSA

Vault - Regular, Vault Zero, Red Blitz
Vernors
Vintage - All varieties including

plain and flavored sodas

Water, Bottled - Any unflavored
water is acceptable. Added minerals
are not a kashrus concern, however
vitamins are.

Walreen's - Grape, Lemon-Lime, Orange, Red Pop, Root Beer Walmart - when bearing OU