## Pas Yisroel



During the עשרת ימי תשובה one should be careful to use *pas yisroel* products. The following products are *pas yisroel*:

Adin - wafers Alit - wafers, when bearing Badatz Allegro - wafers, when bearing Chug Chasam Sofer

Amnon's - pizza

Angel - pita bread - when bearing CRC Hisachdus

**Beigel's** - all baked goods under Badatz supervision

**Berman** - all baked goods under Badatz supervision

Bloom's - all baked goods under the supervision of Rabbi Teitelbaum, Volover Rav

Carmit - wafers, certified by Badatz Chopsies Pizza - when bearing Star-K Dagim - all products certified under supervision of the CRC Hisachdus Deebest - crackers, tea biscuits

Dr. Praeger's - Fishies lightly breaded, fish sticks, fish cakes, pizza bagels

Gedilla - all products certified under supervision of the CRC Hisachdus Gefen - all baked goods under the supervision of Rabbi Teitelbaum,

Volover Rav

Glicks - all products certified under supervision of the CRC Hisachdus

Golden Fluff - cookies, animal crack-

Green's - all baked goods bearing OK Gross - - biscuits, cookies, certified by CRC Hisachdus

Haddar - all baked goods under the supervision of Badatz or the CRC

Hisachdus.

Jason - bread crumbs when stating on package pas yisroel Kedem - tea biscuits, crackers,

cookies

Kemach - snackers , when Pas Yisroel is written on the label

**Kitov** - when stating pas yisroel on the package

Kosherific- crunchy fishsticks
Landau - all baked goods under the
supervision of Rabbi Teitelbaum,
Volover Rav

Lieber's - all baked goods under the supervision of Rabbi Weismandel, Nitra Rav

Macabee - pizza, pizza bagels, breaded eggplant, breaded mushroom, mozzarella sticks

Man - wafers

Manamin - wafers

Manumit - wafers, certified by Badatz Manischewitz - matzoh and tam tam

products

Meal Mart - chicken nuggets

Mishpacha - all baked goods under

the supervision of Rabbi Teitelbaum, Nirbater Rav

Mendelsohn's Pizza - certified by Rabbi Gruber

Mon Cuisine - certified by Rabbi Teitelbaum. Volover Rav

Osem - all Israeli products certified by the OU & Badatz

Natural Ovens - whole grain wheat bread, organic white bread w/ flax

Ostreicher - all baked products under the supervision of the New Square Beis Din

Paskesz - all baked goods under the supervision of Rabbi Gruber or Rabbi Westheim

Reisman's - when bearing the CRC Sea Castle Fish Products - when bearing the CRC & KAJ

Shindler's Fish Products - when bearing the hashgacha of the Star-K & Volover Rav

Shibolim - all baked goods under the Badatz cont. on back

Shneider's - all products certified under supervision of the CRC Hisachdus

Shwartz - all products certified under supervision of the CRC Hisachdus

Smackin' Good - potato knishes
Smilowitz Bakery Products - all
baked products under the OU
Stern's - when bearing the CRC
Ta'amti - all products under the
supervision of Rabbi Weismandel,

Nitra Rav

Tirosh - biscuits, certified by Badatz Tivall - veggie corn bites, veggie corn schnitzel

Tofutti Cuties - when bearing Chof-K Trader Joe's - chocolate babka Tuscanini – frozen pizza, certified by Rabbi Weismandel

Unger's – all products under supervision of the New Square Beis Din

Yossi's Pita - wraps

**Please note:** Breaded products i.e. fish, chicken nuggets, are usually made with real breading.

# Reading the Fine Print

Below is listed some important kashrus designations found on products and their meaning.

MEAT - Product contains meat, requiring the usual wait time between meat/dairy.

MADE w/ MEAT UTENSILS - This designation is usually found on prepared foods of the local take-out. Product should not be eaten together with dairy. However, it would not require a waiting period to eat dairy.

**PARVE** - Product may be eaten together with meat or dairy.

DAIRY EQUIPMENT (DE) - Usually found on packaged products. Although the item does not contain any dairy ingredients, it was produced on equipment that was used at another time to produce dairy products. Item should not be eaten or drunk together with meat. It may be consumed after meat. (For those who consume cholov yisroel products, consult your Rav as to whether you must be stringent regarding DE designated products also.)

### yoshon News

The following establishments are yoshon:

Unger's Bakery - Bakery dept., under the supervision of the Vaad Hakashrus Kinneret Pizza - Pizza only, under the supervision of Rabbi Kaplovitz

To subscribe to local yoshon news, send an email to yoshon@clevelandkosher.org and include your name in the email.

To receive kashrus news and alerts send an email to: subscribe@clevelandkosher.org.



#### Pas Yisroel - The Staple of Life

The Gemara (Avodah Zara 35B) tells us that *chazal* prohibited the bread of a non-jew. The reason for this enactment was out of concern that we engage in eating, drinking and socializing, which may lead to intermarriage and the serving of idolatry. The original enactment forbid all breads, whether from a commercial baker (*pas palter*) or an individual (*pas akum*). Later on, part of that enactment was rescinded. According to *ashkinazim*, the bread of the commercial baker became permitted. However, during אשרת ימי תשובה the custom as mentioned in Shulchan Aruch (Chap.473) is to be stringent and to only use commercially baked goods where a Jew participated in the baking process.

Below are some practical points:

- This refers only to items baked from the five grains: wheat, oats, spelt, barley and rye (not rice or corn).
- Pasta products are not considered bread items.
- Breakfast Cereals, Pancakes In order to be considered in the bread family, besides being from the five grains mentioned above, it must have the "form" of bread (צורת הפת). There is a difference of opinion concerning how to categorize these items.
- Cakes, wraps, pies, pretzels and crackers are considered bread family foods.
- Doughnuts This is a cooked dough which retains it's shape. Two
  opinions are cited in Shulchan Aruch (168:13) as to whether it is still
  considered a bread product.
- Bread Croutons, Bread Crumbs Are considered bread
- Granola Bars are not considered a bread item according to most opinions.

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# Beverage List 2017



#### The following beverages are **NOT** certified:

Minute Maid Cherry Limeade, Dad's Root Beer, Mike's Hard Lemonade, Red Bull Cola, Starbucks - [Strawberry & Cream Frappuccino, Refreshers Cool Lime, Very Berry Hibiscus], Snapple Fruit Punch, Tahitian Treat Fruit Punch, Monster Energy Drink, Kellogg's Protein Water, Coke Products including Fanta bottled in Mexico.

**Please Note:** Reg. & diet are acceptable for any soda listed. This list is for soda produced and bottled in the USA only.

**5 Hr Energy Drink** - When bearing Star-K

A&W - Cream Soda, Root Beer, Root Beer Ten, Root Beer w/ Aged Vanilla All Sport - When bearing OU America's Choice - When bearing the OU

Aquafina (United States & Canada) Alive Advanced Water,

Burst, Citrus, Citrus Twist Grape, Lemon, Lemon-Lime, Orange, Orange Grapefruit, Peach Mango; Sparkling - Berry, Black Cherry Dragonfruit, Lemon Lime, Mango Pineapple, Orange Grapefruit, Raspberry, Strawberry Kiwi, White Peach Apricot, Wild Berry

**Arizona Iced Tea** - When bearing the OU

Bai - When bearing the OU Barq's - French Vanilla Cream, Red Cream, Root Beer Ben & Jerry's Milkshakes- (Dairynon cholov yisroel) Cherry Garcia, Chocolate Fudge Brownie, Chunky Monkey Milkshake

**Big Red** - Black Cherry, Blue, Cola, Lemon Lime, Orange, Peach, Pineapple, Red, Red Diet Caffeine free, Red Float, Root Beer

Brisk - see Lipton Canada Dry

Ginger Ale - Regular, Cranberry, Lemon, Green Tea , Ale 10 Seltzer & Soda - Amazing Mandarin, Blackberry, Cranberry-Lime, Bitter Lemon, Black Cherry Wishniak, Cheerful Cherry, Ginger Beer, Club Soda, Collins Mixer, Grapefruit, Green Tea, Island Lime, Lemon Lime Twist, Manadrin Orange, Tonic Twist, Tonic Water, Triple Berry, Peach, Pineapple, Refreshing Raspberry, Vanilla Cream, Wild Cherry, Pomegranate Cherry Citrus Blast

Citrus Hill - Apple, Cranberry, Fruit Punch, Grapefruit, Lemonade Sour, Orange, Pineapple, Pink Lemonade Club Soda - Any unflavored Clear Choice - When bearing the OU Cobra Energy Drink - When bearing

the OU
Coca Cola (United States & Canada not Mexico)

Coke Plus, Caffeine Free, Classic, Cherry Coke, Lemon Coke, Lime Coke, Vanilla Coke, Coke Zero, Vanilla Zero, Cherry Zero, Diet Cherry Frost, Life, C2, Black Cherry Vanilla, Coke w/ Stevia, VIO (Dairy)

Cotton Club - when bearing the OU Country Time - (liquid) Pink, Regular, Strawberry Lemon; (powder) when bearing OK.

Crush - Banana, Berry Punch, Birch Beer, Blue Raspberry, Cherry, Cream Soda Red, Cream Soda White, Fruity Red, Grape, Lime, Orange, Peach, Pineapple, Red Licorice, Strawberry Crystal Light - When bearing the OK **Dasani** - All products, made by Coca Cola are certified **Diet Rite** - Black Cherry, Caffeine

Free, Cherry Cola, Cola, Golden
Peach, Kiwi Strawberry, Red Raspberry, Tangerine, White Grape
Dole Juices- when bearing 'K'
or 'Ches-K' (On large plastic
bottles when bearing OK symbol)
Dole Sparklers - When bearing 'K'
or 'Ches-K'

Dr. Pepper - Regular, Berries and Cream, Cherry Vanilla, Red Fusion, Chocolate Cherry, Heritage, Cherry, Pepper Ten, Vanilla Float Fanta (United States & Canada - not Mexico)

Apple, Banana, Banana Split (Dairy),
Berry Blue, Birch Beer, Blue Cherry,
Blue Raspberry, Blue Vanilla (Dairy),
Cherry, Ginger Ale, Grape, Grapefruit, Kiwi Strawberry, Mandarine
Tangarine, Orange, Orange Cream,
Pineapple, Red Licorice, Select (Low
Cal), Super Sour Apple, Super Sour
Watermelon, Strawberry, Super
Sour Cherry, Vanilla, White Cherry,
Wild Cherry, Yellow Cherry
Faygo - when bearing the OU
Food Club - When bearing the OU
Frapuccino - (Starbucks) when
bearing KD (dairy, non-cholov yis-

roel) **Fresca** - Regular, Peach, Black
Cherry

**Fruitopia** - Strawberry Passion Awareness

Full Throttle - When bearing the OU Fuze - Fuze is parve, Fuze Refresh is Dairy

Gatorade - When bearing the OU Giant Eagle - when bearing the OU Glaceau- when bearing the OU Gold Peak- when bearing the OU H2OH - Plain, Berry, Lemon-Lime, Orange, Apple

Hawaiian Punch - certified in the following size containers only: 12 oz. can, 20 oz. bottle, 24 oz. bottle, 2 liter bottle - Bobacious Berry, Berry Blue Typhoon, Berry Bonkers, Berry Lime Blast, Fruit Juicy Red, Green Berry Rush, Island Citrus Guava, Lemon Berry Squeeze, Lemonade, Mango Passionfruit Squeeze, Mazin Melon, Orange, Pink Punchy Lemonade, Polar Blast, Punchy Lemonade, Wild Purple Smash

Hires - Root Beer

**IBC** - Black Cherry, Cream Soda, Cherry Limeade, Root Beer, Tangerine Cream

Icee Slushies - When bearing the OU on the concentrate box
Jolt - When bearing the OU
Kool Aid - when bearing the OK
Lipton & Brisk - Lipton Tea in cans
or 16oz, 16.9oz, 1 ltr, 1.5 ltr and 2
ltr plastic bottles do not require any
hashgacha on the label. Other sizes
when bearing Ches-K.

Market District - when bearing the OU

Mello Yello - Cherry, Citrus Lime Minute Maid Soda - Blueberry, Cherry, Fruit Punch, Grape, Lemonade, Light Guava Citrus, Light Lemonade, Light Mango Tropical, Light Raspberry Passion, Lemonade, Mixed Berry Fruit, Orange, Orangeade, Pineapple, Pink Lemonade, Raspberry Lemonade, Strawberry, Tropical Citrus

Minute Maid Juice - When bearing OU

Mio - when bearing the OU
Mist Twst (United States & Canada
ONLY)

Cranberry Lemon Lime, Diet Cranberry Lemon Lime, Lemon Lime, Diet Lemon Lime

Mr. Pibb - Mr. Pibb, Pibb xtra Mott's - when bearing OK Mountain Dew - all varieties

Mountain Dew Kick Start - All labels bearing "XG" in the code are acceptable even without a kosher certification on the label. Otherwise, it's only recommended when bearing a reliable kosher certification.

Mug (United States & Canada) Cream Soda, Root Beer

**Multi-Vitamin Water** - only when bearing the OU

Nature's Basket - when bearing the OU

Nestea Iced Tea - Cool Iced Tea, Lemon, Peach, Premium, Raspberry, Southern Style, Sweeteneed, Unsweetened

Nestle Pure Life Flavored Water - When bearing the OU

**NOS Energy Drink** - When bearing the OU (Powershot is NOT kosher certified)

Patio - Red Cherry, Ginger Ale Pepsi - All cola varieties acceptable Powerade - when bearing the OU Propel - Berry, Grape, Strawberry Kiwi

Propel Zero - Berry, Blackberry, Blueberry Pomegranate, Grape, Kiwi Strawberry, Lemon, Peach RC Cola - Cola, Cherry Cola, RC Cola Ten

Red Bull - Original, Shots, Total Zero, Red Edition, Silver Edition, Blue Edition, Cherry Edition, Orange Edition, Summer Edition, Tropical Edition, Yellow Edition

**Rockstar Energy Drink** - When bearing the OU

Schweppes

Ginger Ale - Regular, Black Cherry, Raspberry, Dry Grape, Golden Seltzer & Soda - Bitter Lemon, Black Cherry, Club Soda, Cranberry Lime, Dark Ginger Ale, Lemon, Lemon-Lime, Lemon Sour, Lime, Mandarin Orange, Orange, Pome-

granate, Raspberry Lime, Tonic

Water, Wild Raspberry **Seagrams** 

Ginger Ale - Original, Cherry, Lime, Orange, Raspberry, Vanilla Seltzer - Original, Blackberry, Raspberry, Key Lime, Orange Citrus Tonic Water Seltzer- All unflavored seltzer does

not require a certification.
7-UP - Regular, 7UP Ten, All Natural,
7-UP w/ antioxidants, 7-UP Cherry
w/ antioxidants, Cherry, Island Fruit,
Mixed Berry, 7UP Plus (all flavors),
Pomegranate, Tropical

**Shasta** - when bearing the OU **'Simply' Brand Juices** - When bearing the OU

Slice - Red

Slice One - Orange, Grape, Berry Slurpees - The vaad actively certifies the following two locations: Speedway (Cedar & Green), 7-11 (Bishop & Chardon). Acceptable flavors are posted on sign.

**Slush Puppie** - Consumers must check each box of concentrate for a reliable certification. Tropical Punch is DAIRY.

Snapple - when bearing the OK Sprite - Regular, Aruba Jam Remix, Tropical Remix, Sprite Green, Select Lo-Cal

**Squirt** - Citrus Power, Regular, Ruby Red

Starbucks - Bottled & canned beverages are Kosher Dairy (non-cholov yisroel), when bearing a KD or Ches-K symbol. Not all flavors are kosher.

Stewart's - when bearing the OU Sunkist - Cherry Limeade, Citrus Fusion, Orange, Sparking Lemonade, Fruit Punch, Grape, Peach, Pineapple, Solar Fusion, Strawberry, Sunkist Ten

**Tab** - Regular, Energy Drink **Tahitian Treat** - Lemonade, Pink Lemonade

Tazo Tea - when bearing KSA
Tropicana - (soda not juice) certified in the following size containers only: 12 oz. can, 20 oz. bottle, 2 liter bottle - Yellow Lemonade, Light Lemonade, Pink Lemonade, Fruit Punch, Orangeade, Strawberry Melon, Grape Juice Drink
Tropicana Twisters - Citrus, Grape,

Vault - Regular, Vault Zero, Red Blitz Vernors

Strawberry, Orange

Vintage - All varieties including plain and flavored sodas

Water, Bottled - Any unflavored water is acceptable. Added minerals are not a kashrus concern, however vitamins are.