## Pas Yisroel



one עשרת ימי תשובה During the should be careful to use pas visroel products. The following products are pas visroel:

#### Adin - wafers

Amnon's - pizza **BeeBest Cookies** - under the supervision of CRC Hisachdus Beigel's - all baked goods under Badatz supervision Berman - all baked goods under Badatz supervision

- Bloom's all baked goods under the supervision of Rabbi Teitelbaum, Volover Rav
- **Chopsies Pizza** when bearing the Star-K
- Dagim all products certified under the supervision of the CRC Hisachdus
- **Deebest** crackers, tea biscuits
- Dr. Praeger's Fishies lightly breaded, fish sticks, fish cakes, pizza bagels
- Emzee wafers
- Food for Life bread products, excluding pita, when bearing the Chof-K
- Frankel's Pizzarogies under the certification of Rabbi Babad
- Gedilla all products certified under the supervision of the CRC Hisachdus
- Gefen all baked goods under the supervision of Rabbi Teitelbaum, Volover Rav
- Glicks all products certified under the supervision of the CRC Hisachdus Golden King - pita

- Green's all baked goods bearing the OK Gross Baked Goods - all baked goods under Rabbi Weismandel Haddar - all baked goods under the supervision of Badatz or the CRC Hisachdus. Jason - bread crumbs when stating on package pas visroel Kedem - tea biscuits, crackers, cookies Kitov - when stating pas visroel on the package Kosherific- crunchy fishsticks Landau - all baked goods under the supervision of Rabbi Teitelbaum, Volover Rav Lieber's - all baked goods under the supervision of Rabbi Weismandel, Nitra Rav Macabee - pizza, pizza bagels, breaded eggplant, breaded mushroom, mozzarella sticks Man - wafers Manamin - wafers
- Manischewitz matzoh and tam tam products
- Mauzone Mania under the supervision of CRC Hisachdus Meal Mart - chicken nuggets
- Mishpacha all baked goods under the supervision of Rabbi
- Teitelbaum, Nirbater Rav Mendelsohn's Pizza - certified by Rabbi Gruber
- Mon Cuisine certified by Rabbi Teitelbaum, Volover Rav Osem - all Israeli products certified by the OU & Badatz
- Natural Ovens whole grain wheat bread, organic white bread w/ flax Ostreicher - all baked products under the supervision of the New Square Beis Din
- Paskesz all baked goods under the supervision of Rabbi Gruber or Rabbi Westheim **Reisman's** - when bearing the CRC Sea Castle Fish Products - when bearing the CRC & KAJ cont. on back

- Shindler's Fish Products when bearing the hashgacha of the Star-K & Volover Rav Shibolim - all baked goods under the Badatz Shneider's - all products certified under the supervision of the CRC
- Hisachdus Smackin' Good - potato knishes Smilowitz Bakery Products - all baked products under the OU **Stern's** - when bearing the CRC
- Ta'amti all products under the supervision of Rabbi Weismandel, Nitra Rav Tivall - veggie corn bites, veggie corn schnitzel
- Tofutti Cuties when bearing the Chof-K
- Trader Joe's chocolate babka Unger's – all products under supervision of the New Square Beis Din Yossi's Pita - wraps

**Please note:** Breaded products i.e. fish, chicken nuggets, are usually made with real breading.

# Reading the Fine Print <</p>

Below is listed some important kashrus designations found on products and their meaning.

- MEAT Product contains meat, requiring the usual wait time between meat/dairy.
- MADE w/ MEAT UTENSILS This designation is usually found on prepared foods of the local take-out. Product should not be eaten together with dairy. However, it would not require a waiting period to eat dairy.
- PARVE Product may be eaten together with meat or dairy.
- DAIRY EQUIPMENT (DE) Usually found on packaged products. Although the item does not contain any dairy ingredients, it was produced on equipment that was used at another time to produce dairy products. Item should not be eaten or drunk together with meat. It may be consumed after meat. (For those who consume cholov visroel products, consult your Rav as to whether you must be stringent regarding DE designated products also.)



#### The following establishments are voshon:

Unger's Bakery - Bakery dept., under the supervision of the Vaad Hakashrus Kinneret Pizza - Pizza only, under the supervision of Rabbi Kaplovitz

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### Pas Yisroel - The staple of Life

The Gemara (Avodah Zara 35B) tells us that chazal prohibited the bread of a non-jew. The reason for this enactment was out of concern that we engage in eating, drinking and socializing, which may lead to intermarriage and the serving of idolatry. The original enactment forbid all breads, whether from a commercial baker (pas palter) or an individual (pas akum). Later on, part of that enactment was rescinded. According to ashkinazim, the bread of the commercial baker became permitted. However, during עשרת ימי תשובה the custom as mentioned in Shulchan Aruch (Chap.473) is to be stringent and to only use commercially baked goods where a Jew participated in the baking process.

- Below are some practical points:
- This refers only to items baked from the five grains: wheat, oats, spelt, barley and rye (not rice or corn).
- Pasta products are not considered bread items.
- Breakfast Cereals, Wraps, Pancakes In order to be considered in the bread family, besides being from the five grains mentioned above, it must have the "form" of bread (צורת הפת). There is a difference of opinion concerning how to categorize these items.
- Cakes, pies, pretzels and crackers are considered bread family foods.
- Gluten Free Products- These items are not made from the five grains and are not a pas visroel issue.
- Doughnuts This is a cooked dough which retains it's shape. Two opinions are cited in Shulchan Aruch (168:13) as to whether it is still considered a bread product.
- Bread Croutons, Bread Crumbs Are considered bread
- Granola Bars are not considered a bread item according to most opinions.



## Beverage List 2016



#### The following beverages are NOT certified:

Minute Maid Cherry Limeade, Dad's Root Beer, Mike's Hard Lemonade, Red Bull Cola, Starbucks - [Strawberry & Cream Frappuccino, Refreshers Cool Lime, Very Berry Hibiscus], Snapple Fruit Punch, Tahitian Treat Fruit Punch, Monster Energy Drink, Kellogg's Protein Water, Coke Products including Fanta bottled in Mexico, except for the original Coca Cola flavor.

Please Note: Reg. & diet are acceptable for any soda listed. This list is for soda produced and bottled in the USA only.

5 Hr Energy Drink - When bearing Star-K A&W - Cream Soda, Root Beer, Root Beer Ten

All Sport - When bearing OU America's Choice - When bearing the OU

Aquafina

Flavor Splash - Original, Berry, Berry Burst, Lemon Lime, Citrus, Citrus Twist, Grape, Lemon, Peach Mango;

Sparkling - Berry, Strawberry Kiwi, Raspberry, Wild Berry Arizona lced Tea - When bearing

the OU Barq's - French Vanilla Cream, Red

Cream, Root Beer Ben & Jerry's - (Dairy-non cholov visroel) Cherry Garcia, Chocolate Fudge Brownie, Chunky Monkey Milkshake

Big Red - Black Cherry, Blue, Cola,

Lemon Lime, Orange, Peach, Pineapple, Red, Red Diet Caffeine free, Red Float, Root Beer **Brisk - see Lipton** Canada Dry Ginger Ale - Regular, Cranberry,

Lemon, Green Tea , Ale 10 Seltzer & Soda - Amazing Mandarin, Blackberry, Cranberry-Lime, Bitter Lemon, Black Cherry Wishniak, Cheerful Cherry, Ginger Beer, Club Soda, Collins Mixer, Green Tea, Island Lime, Lemon lime Twist, Manadrin Orange, Tonic Twist, Tonic Water, Triple Berry, Peach, Pineapple, Refreshing Raspberry, Vanilla Cream, Wild Cherry, Pomegranate Cherry **Citrus Blast** 

Citrus Hill - Apple, Cranberry, Fruit Punch, Grapefruit, Lemonade Sour, Orange, Pineapple, Pink Lemonade Club Soda - Any unflavored Clear Choice - When bearing the OU Cobra Energy Drink - When bearing theOU Coca Cola - Coke Plus, Caffeine Free, Classic, Cherry Coke, Lemon Coke, Lime Coke, Vanilla Coke, Coke Zero, C2, Black Cherry Vanilla, Coke w/ Stevia, VIO (Dairy) Cotton Club - when bearing the OU Country Time - (liquid) Pink, Regular, Strawberry Lemon; (powder) when bearing OK. Crush - Banana, Berry Punch, Birch Beer, Blue Raspberry, Cherry, Cream Soda Red, Cream Soda White, Fruity Red, Grape, Lime, Orange, Peach, Pineapple, Red Licorice, Strawberry Crystal Light - When bearing the OK Dasani - All products, made by Coca Cola are certified Diet Rite - Black Cherry, Caffeine Free, Cherry Cola, Cola, Golden Peach, Kiwi Strawberry, Red Raspberry, Tangerine, White Grape

Dole Juices- when bearing 'K'

or 'Ches-K' (On large plastic

bottles when bearing OK symbol) Dole Sparklers - When bearing 'K' or 'Ches-K'

Dr. Pepper - Regular, Berries and Cream, Cherry Vanilla, Red Fusion, Chocolate Cherry, Heritage, Cherry, Pepper Ten, Vanilla Float Fanta - Apple, Banana, Banana Split (Dairy), Berry Blue, Birch Beer, Blue Cherry, Blue Raspberry, Blue Vanilla (Dairy), Cherry, Ginger Ale, Grape, Kiwi Strawberry, Mandarine Tangarine, Orange, Orange Cream, Pineapple, Red Licorice, Select (Low Cal), Super Sour Apple, Super Sour Watermelon, Strawberry, Super Sour Cherry, Vanilla, Watermelon, White Cherry, Blue Cherry, Wild Cherry, Yellow Cherry Favgo - when bearing the OU Food Club - When bearing the OU Frapuccino - (Starbucks) when bearing KD (dairy, non-cholov yisroel) Fresca - Regular, Peach, Black Cherry Fruitopia - Strawberry Passion Awareness Full Throttle - When bearing the OU **Fuze** - Fuze is parve, Fuze Refresh is Dairy Gatorade - When bearing the OU Giant Eagle - when bearing the OU Glaceau- when bearing the OU Gold Peak- when bearing the OU H2OH - Plain, Berry, Lemon-Lime, Orange, Apple Hawaiian Punch - certified in the following size containers only: 12 oz. can, 20 oz. bottle, 24 oz. bottle, 2 liter bottle - Bobacious Berry, Berry Blue Typhoon, Berry Bonkers, Berry Lime Blast, Fruit Juicy Red, Green Berry Rush, Island Citrus Guava, Lemon Berry Squeeze, Lemonade, Mango Passionfruit Squeeze, Mazin Melon, Orange, Pink Punchy Lemonade, Polar Blast, Punchy Lemonade, Wild Purple Smash Hires - Root Beer

IBC - Black Cherry, Cream Soda,

ine Cream

Jolt - When bearing the OU Kool Aid - when bearing the OK Lipton & Brisk - Lipton Tea in cans or 16oz, 16.9oz, 1 ltr, 1.5 ltr and 2 ltr plastic bottles do not require any hashgacha on the label. Other sizes when bearing Ches-K. - Iced Tea with Berry Acai, Green Tea, Green Tea with Citrus, Lemon, Lemon Sweet, Peach, Plain, Sweetened, Unsweetened, Extra Sweet, Raspberry, Diet with Caffeine, White Tea With Raspberry, Green Tea With Honey, Green Tea with Mixed Berry, Green Tea with Citrus, Green Tea Honey Ginseng, Green Tea with Peach, Green Tea Mixed Mango, Green Tea with Watermelon, Peach Mango, Lipton Naturals, Pure Leaf, Strawberry Melon, Mango Dragonfruit, Lemonade, Pink Lemonade, Yellow Lemonade, Fruit Punch, Blueberry Pomegranate, Natural Green Tea Pasion Fruit Mango, Orangeade, Black Tea Mango, Black Tea with Lemon, Black Tea Mango, White Tea & Pink Lemonade, Tea and Lemonade, Cherry Limeade, Ginseng Honey, Not Too Sweet Peach, Not Too Sweet Green Tea Honey Lipton Sparkling - Blackberry, Strawberry Kiwi - when bearing the Ches-K Market District - when bearing the OU Mello Yello - Cherry, Citrus Lime Minute Maid Soda - Blueberry, Cherry, Fruit Punch, Grape, Lemonade, Light Guava Citrus, Light Lemonade, Light Mango Tropical, Light Raspberry Passion, Mixed Berry Fruit, Orange, Pineapple, Pink Lemonade, Raspberry Lemonade, Strawberry, Tropical Citrus Minute Maid Juice - When bearing OU Mio - when bearing the OU Mr. Pibb - Mr. Pibb, Pibb xtra Mott's - when bearing OK Cherry Limeade, Root Beer, Tanger-Mountain Dew - Regular, Caffeine Free, All flavors produced in the

Icee Slushies - When bearing the

OU on the concentrate box

USA & Canada are presently kosher. Mountain Dew Kick Start - All labels bearing "XG" in the code are acceptable even without a kosher certification on the label. Otherwise, it's only recommended when bearing a reliable kosher certification. Mug - Cream Soda, Root Beer Nature's Basket - when bearing the OU

Nestea Iced Tea - Cool Iced Tea, Lemon, Peach, Premium, Raspberry, Southern Style, Sweeteneed, Unsweetened

Nestle Pure Life Flavored Water -When bearing the OU NOS Energy Drink - When bearing the OU

Patio - Red Cherry, Ginger Ale Pepsi - Cherry Vanilla, Cola, Holiday Spice, Lime, One, Mango Tangerine, Manzanita Sol Apple, Natural, Next Cola, Next Mango, Next Cherry Vanilla, Summer Mix, Max, Throwback, Twist, Vanilla, Wild Cherry, X-Factor Pepsi Jazz - Black Cherry, French Vanilla, Caramel Cream, Strawberries & Cream

Powerade - when bearing the OU RC Cola - Cola, Cherry Cola, RC Cola Ten

Red Bull - Original, Shots, Total Zero, Red Edition, Silver Edition, Blue Edition, Cherry Edition, Orange Edition, Summer Edition, Tropical Edition, Yellow Edition Schweppes

Ginger Ale - Regular, Black Cherry, Raspberry, Dry Grape, Golden Seltzer & Soda - Bitter Lemon, Black Cherry, Club Soda, Lemon, Lemon-Lime, Lemon Sour, Lime, Tonic Water, Wild Raspberry Seagrams - Ginger Ale, Raspberry Ginger Ale, Tonic Water Seltzer- All unflavored seltzer does not require a certification. 7-UP - Regular, 7UP Ten, All Natural, 7-UP w/ antioxidants, 7-UP Cherry w/ antioxidants, Cherry, Island Fruit, Mixed Berry, 7UP Plus (all flavors), Pomegranate, Tropical

Shasta - when bearing the OU Sierra Mist - Regular, Cranberry, Cranberry Splash, Natural, Ruby Splash, Undercover Orange, Strawberry Kiwi Splash 'Simply' Brand Juices - When bearing the OU

Slice - Red

Slice One - Orange, Grape, Berry Slurpees - The vaad actively certifies the following two locations: Speedway (Cedar & Green), 7-11 (Bishop & Chardon). Acceptable flavors are posted on sign. **Snapple** - when bearing the OK Sprite - Regular, Aruba Jam Remix, Tropical Remix, Sprite Green, Select Lo-Cal

Squirt - Citrus Power, Regular, Ruby Red

Starbucks - Bottled & canned beverages are Kosher Dairy (noncholov yisroel), when bearing a KD or Ches-K symbol. Not all flavors are kosher.

Stewart's - when bearing the OU Sunkist - Cherry Limeade, Citrus Fusion, Orange, Sparking Lemonade, Fruit Punch, Grape, Peach, Pineapple, Solar Fusion, Strawberry, Sunkist Ten

Tab - Regular, Energy Drink Tahitian Treat - Lemonade, Pink Lemonade

Tazo Tea - when bearing KSA Tropicana - (soda not juice) certified in the following size containers only: 12 oz. can, 20 oz. bottle, 2 liter bottle - Yellow Lemonade, Light Lemonade, Pink Lemonade, Fruit Punch, Orangeade, Strawberry Melon, Grape Juice Drink Tropicana Twisters - Citrus, Grape, Strawberry, Orange Vault - Regular, Vault Zero, Red Blitz Vernors

Vintage - Plain, Lemon-Lime, Mandarin Orange, Pomegranate, Raspberry, Wild Cherry Water, Bottled - Any unflavored water is acceptable. Added minerals are not a kashrus concern, however vitamins are.