

Eruv Tavshilin!

(Source: Dvar Halacha Companion, HAC Kollel)

Two types of food, one cooked and one baked, are set aside. They are held in the right hand and, while standing, the blessing—followed by the appropriate text—is recited.

Since the meaning of the text must be understood in order for the eiruv to be valid, the text should be recited in a language that one understands.

The eiruv should be held the entire time while one is reciting the blessing and the text.

The cooked food should be at least a k'zayis. The baked food should be at least a k'beitzah.

The cooked food should be the type of food which is served as a main dish, e.g., meat, fish or eggs.

Desserts may not be used.

The cooked food should be refrigerated so that it does not spoil. If it rots, then it is considered as if no eiruv was made.

Traditionally, the eiruv is prepared and the blessing and text recited on the day of erev Yom Tov. Some poskim permit the eiruv to be made on the night before erev Yom Tov, while others allow this only under extenuating circumstances.